

THE KEY STAGE 3 POST

Issue 5

Year 8

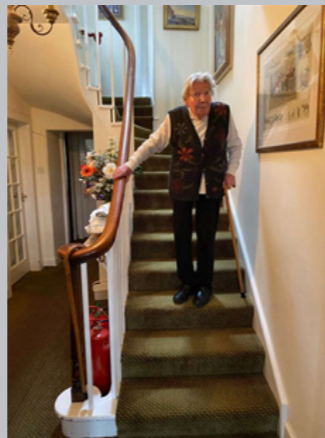
This Week's Message...

A quick message from your Head of Year

Dear Students, Parents/Guardians,

I hope all is well and you have been enjoying the sunshine.

This week I heard an update on Margaret Payne, the 90 year old lady who I explained, in a previous issue, was climbing her stairs 282 times (the equivalent height of Mount Suilven in Scotland) to raise money for the NHS and Highland Hospice. Her aim when she started out was £10,000 yet Margaret's most recent figure stands at £332,870. And she has only just reached the half-way mark!



It got me thinking.....having already surpassed her original target, what was giving her the motivation to continue with the challenge? With the sunshine looking like it's here to stay, surely she would rather be relaxing in the garden!?

It would be all too easy for her to give up (and would we blame her?) but Margaret is determined to complete the challenge – no matter how long it takes. A true, selfless act of Service to Others. I wonder how many of us would be quite so resilient as Margaret to persevere.....

Given that next week is half term and you will have a bit more time on your hands, I challenge you to complete your own act of Service to Others. It doesn't have to be as extreme as Margaret's – it could be something as simple as making a cup of tea, laying the table, washing up, helping cook the dinner, hanging the washing out, or reading a story to a younger sibling. Whatever you choose I'm sure it will put a smile on someone else's face and make their day a little brighter in these current times.

I would love for you to email me and share your random acts of kindness.

Take care, keep safe and enjoy your half term.

Miss Munns.



SHOUT OUTS

Top good comments!

- Ethan T (8CCA)
- Jake L (8SWP)
- Luca B (8CRC)
- Charlie H (8CCA)

Why not try this week...

Carrying out a random act of kindness for someone.



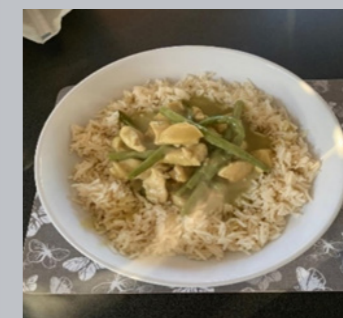
Wall of Fame!

- | | | |
|--------------------------|--------------------------|------------------------|
| Niamh S
Maths & RE | Nicola O
Spanish & IT | Lena B
Art |
| Braydon L-W
Geography | Angel B
RE | Jack R
Maths |
| Somto M
Spanish | Toby K
Geography | Taranveer D
Spanish |

Well done to you all, keep up the good work!

This week's home share!

This week I thought I would share with you my own 'home share'. I enjoy cooking but I am not very good at it, unfortunately. Those who know me well will know that I am a fussy eater and therefore I like to make my own meals so that I know exactly what is in them – no hidden surprises! Since lockdown, I have had more time to plan what to eat each evening, rather than grabbing something quick from the freezer! I have also had more time to dedicate to trying to cook new meals, things I wouldn't usually have the time or patience to make when getting home from work. Here is my attempt at a chicken Thai green curry - there are definitely improvements that can be made!



Don't forget!

Parents please email any images to your child's Year Leader to have an opportunity of appearing in next week's issue! For safeguarding reasons, this must come from the email address the school has on the system!

Bringing the community back together...



Extra Shouts!

Good Comments

Yuvraj K — 8GOC
Saubia G — 8CRC
Naomi E — 8GOC
Arian P — 8CRC
Nathan T — 8CRC
Jack R — 8SWP
Thomas L — 8MNM

Extra Shouts!

Maths

Anna-Marie I
Khrys S
Divine N

Extra Shouts!

RE

Thomas L
Kadisha D'S
Sophie T
Jessica L

Extra Shouts!

Geography

Anna-Marie C
Mia-Alana G

Art

Julia M



Bringing the community back together...



Well-being Tasks

“We have learnt that amid the fear, there is also community, support and hope!”

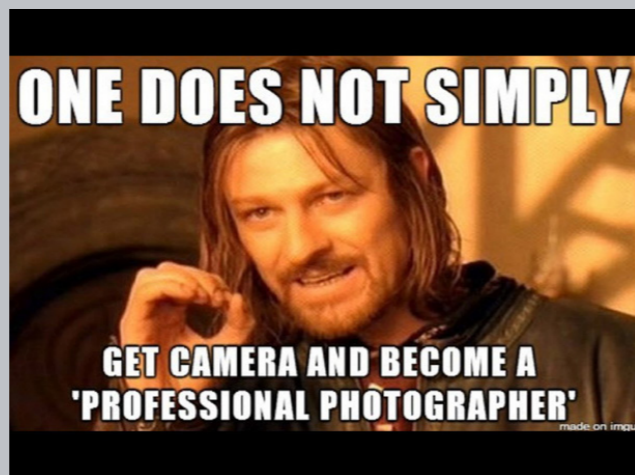
“We are making photographs to understand what our lives mean to us.” Ralph Hattersley

With the sun shining, half-term approaching and lockdown rules loosening ever so slightly, we thought to challenge you, KS3 readers, to a competition which tests your creative and documentary skills.

These challenging times that we live in can also be, when used wisely, a time of transformation and self-discovery. When taking a break from the hustle and bustle of your everyday life, the stream of information and various to-do lists, choose to rest actively, doing something that gives you joy.

Pause. Take a breath. Look around. What do you see? What do you want to remember? What would you want to change?

As Destin Sparks once said, “photography is the story I fail to put into words.” What story are you going to tell once the lockdown is over?



HOME – SCHOOL SUPPORT

Dear Parents/Guardians

As a school, we recognise that your experiences of lockdown, just like our own, would not all have been plain sailing. We also understand that, for some of you, there is a real danger of feeling isolated from your friends, family and community at this uniquely challenging time.

Whilst we, at St John’s, have been working hard to try to further enhance our communications with you through our weekly Newsletters, we understand that isn’t necessarily the same as speaking to a member of our community or hearing a familiar voice.

Therefore, from this week onwards, we are offering you the opportunity to contact the school to request a ‘call back’ from a member of our Year Group Pastoral Team. Whether it is a concern you may have with Home Study, a particular problem that you or your child is going through or even an opportunity to have a general chat with someone from St John’s, if you would like to speak to a member of our Pastoral Team, please email your request through for a ‘call back’ to the relevant pastoral managers email address below and we will get in touch with you in due course.

We would love to hear from you, so please do make use of this opportunity.

- Year 7 - Miss J. Styles: jstyles@stj.kent.sch.uk
- Year 8 – Mrs Hodges: lhodges@stj.kent.sch.uk
- Year 9 - Mrs L. Buckingham: lbuckingham@stj.kent.sch.uk

This Week’s Prayer

*Keep us, good Lord,
under the shadow of your mercy
in this time of uncertainty and distress.
Sustain and support the anxious and fearful,
and lift up all who are brought low;
that we may rejoice in your comfort
knowing that nothing can separate us from
your love
in Christ Jesus our Lord.
Amen.*

Show My Homework is changing its' name!

There will be:

- ✓ A new app icon and website logo (see below)
- ✓ **NO** changes to the way you currently use or access the app and website.



Bringing the community back together...



Round 1 'Summer' The Great STJ Cook Off!

Aprons on, wooden spoons at the ready and COOK!

We are so impressed with the dishes you have been sending us and think it's time to get a competition going! So far only students who have Food & Nutrition on their timetable currently have been set work within the subject, however more of you may want to get your aprons on and get cooking!

The first theme for **The Great St John's Cook Off** is 'summer'. Your entry can be sweet or savoury, a dish you make regularly or something you have never made before – but it must fit the theme of 'summer'.

If you wish to take part, in this optional competition, you need to email your entry to Mrs Oatley (hoatley@stj.kent.sch.uk), Miss Gosling (sgosling130@stj.kent.sch.uk) and Mrs Matthews (smatthews537@stj.kent.sch.uk) by Friday 12th June. Title the email 'The Great StJ Cook Off' and within your email include your name, year group, name of dish, ingredients list, method, and photograph of your finished dish. A short explanation of how your chosen dish meets the brief would be brilliant too. This competition is open to all students, from all year groups, and winners will be chosen from each Key Stage. We look forward to your entries!

Mrs Oatley, Miss Gosling & Mrs Matthews
Food & Nutrition Department



STJ Photography Competition

Calling all Art and Photography Enthusiasts!

We challenge you to document your town/village/local countryside with photographs.

This can be done on your daily walk. Remember to document captivating landmarks, architecture or landscapes.

During your hunt for interesting scenes, be sure to pay attention to how you frame and crop your image. Think about it more like a project of 'recording documents' in these unprecedented times...

Follow these links for some creative inspiration:

- <https://www.icp.org/>
- <https://www.moma.org/>
- <https://printsales.thephotographersgallery.org.uk/artworks/>

Get your work
Published in the KS3
bulletin!

Win an
exciting prize
from your Head of
Year!



Bringing the community back together...

