

THE KEY STAGE 3 POST

Issue 2

Year 8

This Week's Message...

A quick message from your Head of Year
Dear Students, Parents/Guardians,

This week I have been reflecting on the difference Covid-19 is having on the world. I saw the following article on social media and thought I'd share it with you:

The Latin root of the word 'quarantine' is 'forty'. So, what does the Bible say about 40? The flood lasted 40 days, 40 years Moses fled Egypt, 40 days Moses stayed on Mount Sinai to receive the Commandments, the exodus lasted 40 years, Jesus fasted for 40 days and Lent is 40 days long. Also, A pregnancy lasts for 40 weeks and 40 days for a woman to rest after giving birth.

A group of theologians think the number '40' represents 'change'. It is the time of preparing a person, or people, to make a difference.

Did you know that during this quarantine, rivers are cleaning up, vegetation is growing, the air is becoming cleaner because of less pollution from cars and planes, greenhouse gas emissions have fallen and the Himalayas have become visible for the first time in decades? The Earth is at rest for the first time in many years as it finds ways to cleanse itself.

We are in the year 2020, and $20 + 20 = 40$.

So, is it all just a coincidence? Who knows! One thing is for sure – we need to focus on the positives in these difficult times as there is always something good that can come from a bad situation. Perhaps the bad things happen in life to teach us how to look after the good things better.....

Keep safe and keep smiling :)

Miss Munns.

Why not try this week...

Cook your favourite meal for dinner!



This week's home share!

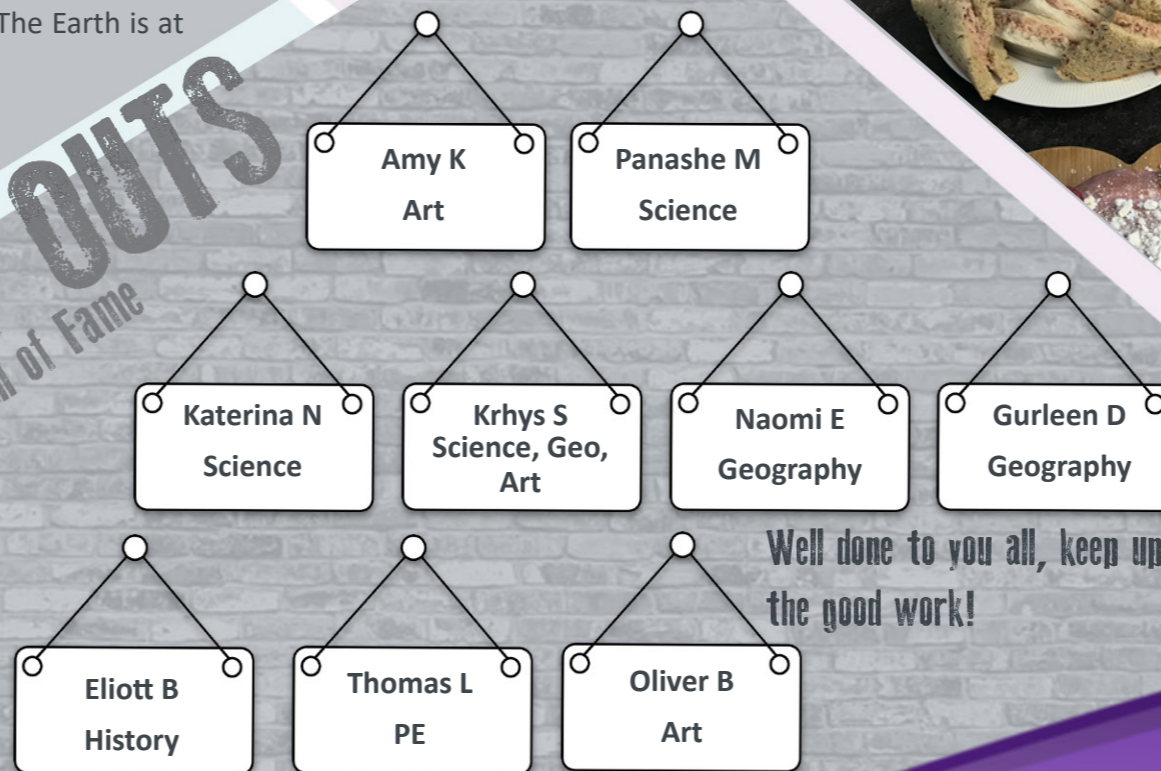
Lily P (8SHP) went above and beyond this week when she was set the task of baking and decorating a cake. Lily took it a step further and made an afternoon tea for her family on Sunday. She baked a vanilla and raspberry cake with pink icing. It was decorated with crushed meringue and fresh raspberries. This was accompanied by homemade tuna mayonnaise and tuna cucumber sandwiches and washed down with a pot of tea! A really nice act of kindness Lily – well done! I hope your family thoroughly enjoyed their treat!

Don't forget!

Parents please email any images to your child's Year Leader to have an opportunity of appearing in next week's issue! For safeguarding reasons, this must come from the email address the school has on the system!

SHOUT OUTS

Wall of Fame



Well done to you all, keep up the good work!

Top good comments!

Katerina N - 8SHP
Naomi E - 8GOC
Skye G - 8CRC

Bringing the community back together...



EXTRA! EXTRA! READ ALL ABOUT IT!



A Must See!

If you have not seen this yet, you must! The Marsh family, based in Kent, decided to film themselves singing the song 'One Day More' from Les Miserables. It is a parody where they have cleverly replaced the lyrics with their own rendition of the lock-down.

This video brought some laughter and fun in a time of anxiety and sadness. This has now gone viral and is cheering up many families across the globe. It might even give some ideas on how to fill your day!

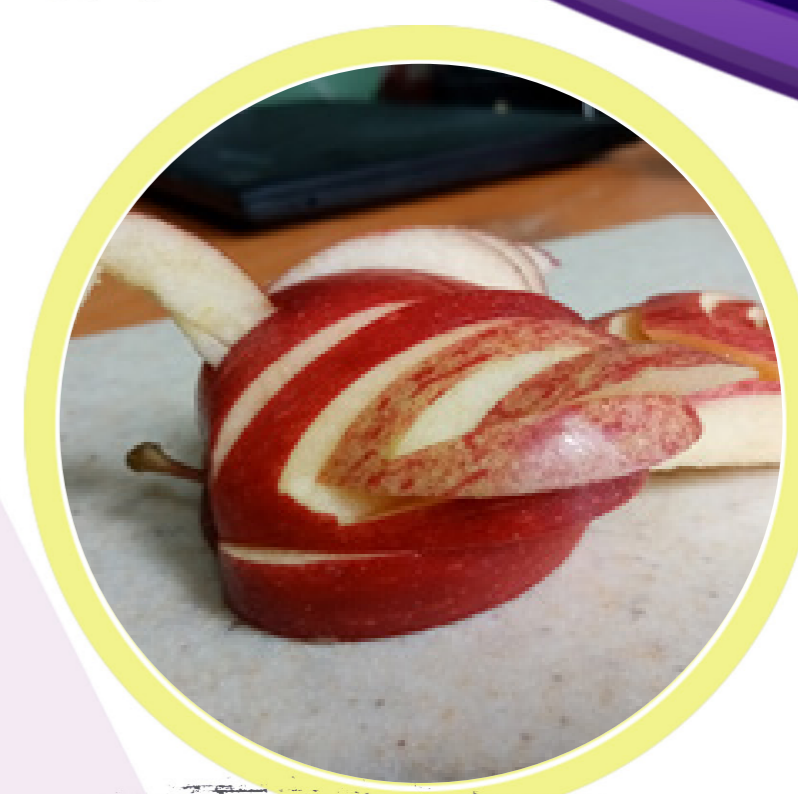
You can view the video on YouTube: <https://www.youtube.com/watch?v=wdcSONbo7Ng>



Joseph K (8SWP) – Spanish

Joseph experimented with his culinary skills in the kitchen to serve up a traditional Spanish dish of paella and tortilla.

Joseph was given a recipe to follow and the final product looks amazing. I hope it tasted as good as it looked - a top effort Joseph!



Jamie C (8CRC) – FDT

Jamie has been getting creative in the kitchen this week with his swan made from apple! It looks to be a very tricky and delicate task Jamie, but the final model looks great – very authentic! I wonder if there are any other animals you can make out of fruit!?

Bringing the community back together...



Well-being Tasks

“We have learnt that amid the fear, there is also community, support and hope!”

“Don’t watch the clock; do what it does. Keep going.”

Sam Levenson

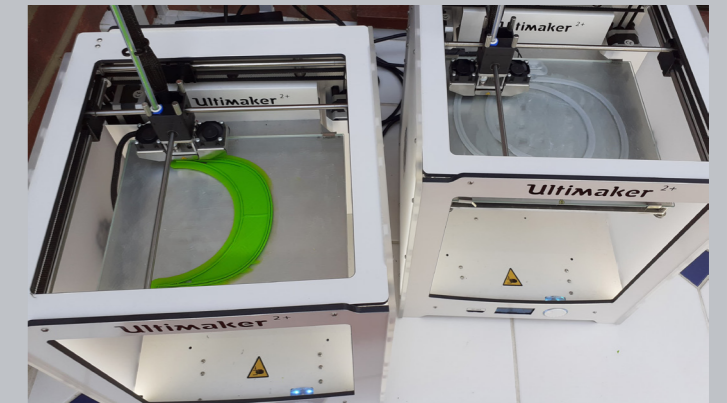
How will you remember 2020, the year that changed the world?
Make a time capsule to look back at your experiences in our living history.

This week’s well-being task is one that we are excited about! Attached to your Show My Homework task will be a booklet that you can print. You can use this to start documenting how you are experiencing this lock-down. In years to come we will all turn to these pages and reflect with family and friends on what a monumental event this was and how it changed the world. Really take the time to appreciate what is going on around you!



A video to support our theme this week!
<https://www.youtube.com/watch?v=5e6VriahPsQ>

Visors for the NHS



left - Luke designing the Visor.
Above - School 3D printers.

Luke H (9EM) has been designing a visor for the NHS to mass produce on the 3D printers at his father’s laboratory at UCL. What an amazing achievement and contribution he is making to the NHS! The school have started to use its donated 3D printers from UCL to produce visors with Luke’s design. You can see a finished result to the bottom right. The school have already been making face shields for the Ellenor hospice and are looking to expand its operations. If you work or know anyone who works in any local care homes that are in need of this PPE, then please do contact the school and we will do our utmost to try and provide, subject to materials.



Right - A completed school Visor

This Week’s Prayer

Lord Jesus Christ,
you taught us to love our neighbour,
and to care for those in need
as if we were caring for you.
In this time of anxiety, give us strength
to comfort the fearful, to tend the sick,
and to assure the isolated
of our love, and your love,
for your name’s sake.
Amen.

Bringing the community back together...

