

KS4 Curriculum Overview (SPORTS LEADERS)

(1 YEAR)

TERM 1 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
<p>Fun games and how to lead warm ups. Getting students into teams. Core skills and behaviours of a sports leader.</p>	<p>Communication Teamwork Problem solving Self Belief</p>	<ul style="list-style-type: none"> ▪ Individual Liberty ▪ Mutual Respect <ul style="list-style-type: none"> ▪ Teacher ▪ Sports Coach, manager ▪ Leadership roles in life
TERM 2 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
<p>The components of a lesson. Looking at how to teach different sports including warm ups, drills and conditioned games. Self reflection on skills in the booklet.</p>	<p>Self Belief Teamwork Self Management</p>	<ul style="list-style-type: none"> ▪ Individual Liberty <ul style="list-style-type: none"> ▪ Teacher ▪ Sports Coach, manager ▪ Leadership roles in life <ul style="list-style-type: none"> ▪ Fitness Coach
TERM 3 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
<p>How to plan a 30 minute lesson. Teaching their peers in a planned lesson of their choice with a partner.</p>	<p>Communication Teamwork Self Belief Self Management</p>	<ul style="list-style-type: none"> ▪ Individual Liberty ▪ Mutual Respect <ul style="list-style-type: none"> ▪ Democracy <ul style="list-style-type: none"> ▪ Teacher ▪ Sports Coach, manager ▪ Leadership roles in life <ul style="list-style-type: none"> ▪ Fitness Coach
TERM 4 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
<p>Reflection of Term 3 lessons. Better planning of lessons to include drill research and reflection on personal skills and behaviours observed in term 3 peer lessons. Begin to plan lessons to lead younger students and lead lessons</p>	<p>Self management Teamwork</p>	<ul style="list-style-type: none"> ▪ Individual Liberty <ul style="list-style-type: none"> ▪ Democracy <ul style="list-style-type: none"> ▪ Teacher ▪ Sports Coach, manager ▪ Leadership roles in life <ul style="list-style-type: none"> ▪ Fitness Coach

TERM 5 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
Lead lessons with younger students plan 1	Self Management Self Belief Communication	<ul style="list-style-type: none"> ▪ Individual Liberty ▪ Mutual Respect <ul style="list-style-type: none"> ▪ Teacher ▪ Sports Coach, manager ▪ Leadership roles in life ▪ Fitness Coach
TERM 6 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
Lead lessons with younger students plan 2	Self Management Self Belief Communication	<ul style="list-style-type: none"> ▪ Individual Liberty ▪ Mutual Respect <ul style="list-style-type: none"> ▪ Teacher ▪ Sports Coach, manager ▪ Leadership roles in life ▪ Fitness Coach

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Year 2

TERM 1 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
Communication and teamwork activities.	Communication Teamwork Problem solving Self management Mutual Respect	<ul style="list-style-type: none"> ▪ Individual Liberty ▪ Mutual Respect <ul style="list-style-type: none"> ▪ Teacher ▪ Sports Coach, manager ▪ Leadership roles in life <ul style="list-style-type: none"> ▪ Fitness Coach ▪ Lolly pop lady/man
TERM 2 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
Leading warm up games with good communication	Communication Teamwork Self management Problem solving Self belief	<ul style="list-style-type: none"> ▪ Individual Liberty ▪ Mutual Respect <ul style="list-style-type: none"> ▪ Teacher ▪ Sports Coach, manager ▪ Leadership roles in life <ul style="list-style-type: none"> ▪ Fitness Coach ▪ Working on Supermarket shop floor under management
TERM 3 TOPIC/s	*Key Skills/Subject Links	*Career links & BV

Looking at how to plan lessons in both a traditional teaching method and fun activities	Communication <ul style="list-style-type: none"> ▪ Teamwork ▪ Self management ▪ Problem solving ▪ Self belief 	<ul style="list-style-type: none"> ▪ Individual Liberty ▪ Mutual Respect <ul style="list-style-type: none"> ▪ Teacher ▪ Sports Coach, manager ▪ Leadership roles in life <ul style="list-style-type: none"> ▪ Fitness Coach ▪ Play centre/sports centre toddlers club supervisor
TERM 4 TOPIC/s	▪ *Key Skills/Subject Links	*Career links & BV
Leading groups in their planned sessions and evaluating	Communication <ul style="list-style-type: none"> ▪ Teamwork ▪ Self management ▪ Problem solving ▪ Self belief 	<ul style="list-style-type: none"> ▪ Individual Liberty ▪ Mutual Respect <ul style="list-style-type: none"> ▪ Teacher ▪ Sports Coach, manager ▪ Leadership roles in life ▪ Fitness Coach/PT instructor ▪ Camp America employee
TERM 5 TOPIC/s	▪ *Key Skills/Subject Links	*Career links & BV
Leading groups in their planned sessions and evaluating	Communication <ul style="list-style-type: none"> ▪ Teamwork ▪ Self management ▪ Problem solving ▪ Self belief 	<ul style="list-style-type: none"> ▪ Individual Liberty ▪ Mutual Respect <ul style="list-style-type: none"> ▪ Teacher ▪ Sports Coach, manager ▪ Leadership roles in life ▪ Fitness Coach/PT instructor ▪ Armed Services recruit leading groups in exercises
TERM 6 TOPIC/s	▪ *Key Skills/Subject Links	*Career links & BV
Leading groups in their planned sessions and evaluating	Communication <ul style="list-style-type: none"> ▪ Teamwork ▪ Self management ▪ Problem solving ▪ Self belief 	<ul style="list-style-type: none"> ▪ Individual Liberty ▪ Mutual Respect <ul style="list-style-type: none"> ▪ Teacher ▪ Sports Coach, manager ▪ Leadership roles in life ▪ Fitness Coach/PT instructor ▪ Crowd steward/supervisor ▪ Working for the police, fire, ambulance