

KS5 Curriculum Overview (BTEC SPORT L3)

Year 12

TERM 1 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
<p>Unit 1 Anatomy & Physiology – Learning Aim A (The Skeletal System) & Learning Aim B (The Muscular System)</p> <p>Unit 3 Professional Development within the Sports Industry LA A B Careers in Sport</p>	<p>Understanding of how the body works- bones and muscles create movement- links to science</p> <p>Research and applying for jobs, and CV writing and personal statement writing</p>	<p>Sports Coach, Sports Pyschologist, Physiotherapist, PE Teacher, Athlete, Nutritionist</p>
TERM 2 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
<p>Unit 1 Anatomy & Physiology – Learning Aim B (The Muscular System) and Learning Aim C (The Respiratory System)</p> <p>Unit 3 Professional Development within the Sports Industry LA A B Careers in Sport</p>	<p>Understanding movement happens and occurs and how lungs work in isolation and together- Links with Science</p> <p>Research and applying for jobs, and CV writing and personal statement writing</p>	<p>Sports Coach, Sports Pyschologist, Physiotherapist, PE Teacher, Athlete, Nutritionist</p>
TERM 3 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
<p>Unit 1 Anatomy & Physiology – Learning Aim C (The Respiratory System) and Learning Aim D (The Cardiovascular System)</p> <p>Unit 3 Professional Development within the Sports Industry LA A B Careers in Sport</p>	<p>Understanding how the hearts and lungs work in isolation and together- Links with Science</p> <p>Research and applying for jobs, and CV writing and personal statement writing</p>	<p>Sports Coach, Sports Pyschologist, Physiotherapist, PE Teacher, Athlete, Nutritionist</p>
TERM 4 TOPIC/s	*Key Skills/Subject Links	*Career links & BV

<p>Unit 1 Anatomy & Physiology – Learning Aim D (The Cardiovascular System) and Learning Aim E (The Energy Systems)</p> <p>Unit 3 Professional Development within the Sports Industry LA C and D: Applying for a job in the Sports Industry</p>	<p>Understanding how the hearts and lungs work in isolation and together and how energy is used by the bod- Links with Science</p> <p>Unit 3 Applying, preparing and Interviewing for a job</p>	<p>Sports Coach, Sports Pyschologist, Physiotherapist, PE Teacher, Athlete, Nutritionist</p>
TERM 5 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
<p>Unit 1 Anatomy & Physiology – Learning Aim E and Revision / Exam Preparation Unit 1 Exam Scheduled for May</p> <p>Unit 3 Professional Development within the Sports Industry LA C and D: Applying for a job in the Sports Industry</p>	<p>Identify, apply, evaluate and analyse theoretical content across the specification</p> <p>Unit 3 Applying, preparing and Interviewing for a job</p>	<p>Sports Coach, Sports Pyschologist, Physiotherapist, PE Teacher, Athlete, Nutritionist</p>
TERM 6 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
<p>Unit 3 Professional Development within the Sports Industry LA C and D: Applying for a job in the Sports Industry</p> <p>Unit 2 Fitness Training and Programming AO 1</p>	<p>Unit 3 Applying, preparing and Interviewing for a job</p>	<p>Sports Coach, Sports Pyschologist, Physiotherapist, PE Teacher, Athlete, Nutritionist</p>

KS5 Curriculum Overview (BTEC SPORT L3)

Year 13

TERM 1 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
<p>Unit 2 Fitness Training and Programming for AO 2 3</p>	<p>Unit 2: Understanding and creating plans, dietary requirements and lifestyle factors</p>	<p>Personal Trainer and sports coach</p>
TERM 2 TOPIC/s	*Key Skills/Subject Links	*Career links & BV

<p>Unit 2 Fitness Training and Programming for AO 4 5 6</p> <p>Unit 4 Sports Leadership LA B LA A: Investigating appropriate leadership strategies.</p>	<p>Unit 2: Understanding and creating plans, dietary requirements and lifestyle factors</p> <p>Unit 4 researching and investigating leadership skills</p>	<p>Personal trainer and sports coach</p>
TERM 3 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
<p>Unit 2 Exam Early Jan</p> <p>Unit 4 Sports Leadership LA B: Investigating appropriate leadership strategies</p>	<p>Identify, apply, evaluate and analyse theoretical content across the specification</p> <p>Unit 4 researching and investigating leadership skills</p>	<p>Personal trainer and sports coach</p>
TERM 4 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
<p>Unit 4 Sports Leadership LA B LA C: Applying appropriate leadership strategies</p>	<p>Unit 4 researching and investigating leadership skills</p>	<p>Personal trainer and sports coach</p>
TERM 5 TOPIC/s	*Key Skills/Subject Links	*Career links & BV
<p>Unit 4 Sports Leadership LA B LA C: Applying appropriate leadership strategies</p>	<p>Unit 4 researching and investigating leadership skills</p>	<p>Personal trainer and sports coach</p>
TERM 6 TOPIC/s	*Key Skills/Subject Links	*Career links & BV