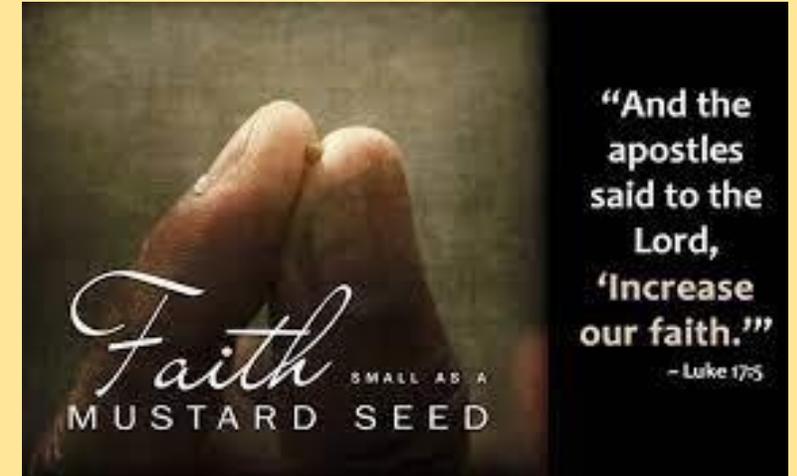




Prayer & Reflection



Week beginning: **Monday 6th October**

Determination - (October = the month of the Rosary)
Catholic Social Teaching = Community & Participation
Gospel – 27th Sunday Ordinary Time, - Increase our Faith

Have you heard the phrase, 'to throw in the towel'?

Did you know that the phrase comes from boxing?

When the trainer thinks their boxer can't take any more blows, they will throw a towel into the ring to tell the referee to stop the contest.



We associate the phrase now with giving up before the end.

Seven reasons why people give up on their ideas:

They want the outcome more than they are prepared to work for it.

They care too much about what people think (and fear judgment in failure).

They think making mistakes along the way is a sign of failure, rather than a learning experience.

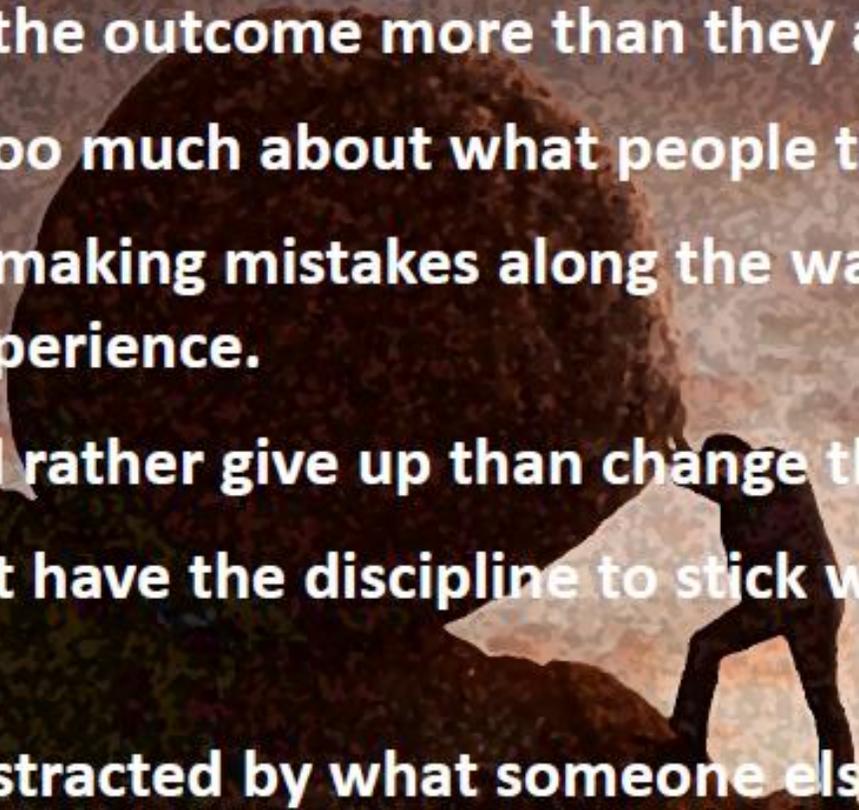
They would rather give up than change the way they usually do things.

They do not have the discipline to stick with their idea long enough to see it through.

They get distracted by what someone else is doing.

They don't believe in themselves enough.

Can you think of other reasons why people might give up?



How would the world be different if these people had given up?



NELSON MANDELA
1918-2013

Do not judge me by my successes, judge me by how many times I fell down and got back up again.

InspirationBoost.com



I Have A Dream

Martin Luther King Jr.



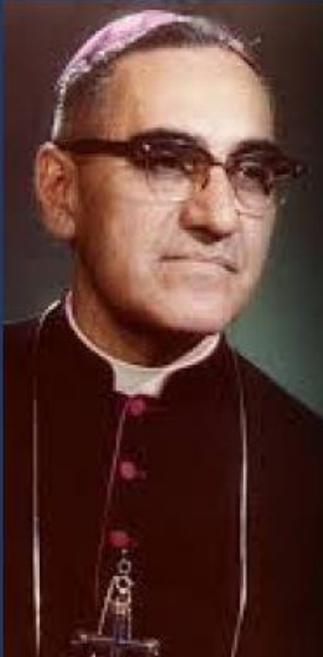
IF IT IS RIGHT FOR MEN TO FIGHT FOR THEIR FREEDOM, AND GOD KNOWS WHAT THE HUMAN RACE WOULD BE LIKE TODAY IF MEN HAD NOT... THEN IT IS RIGHT FOR WOMEN TO FIGHT FOR THEIR FREEDOM.

- Emmeline Pankhurst.



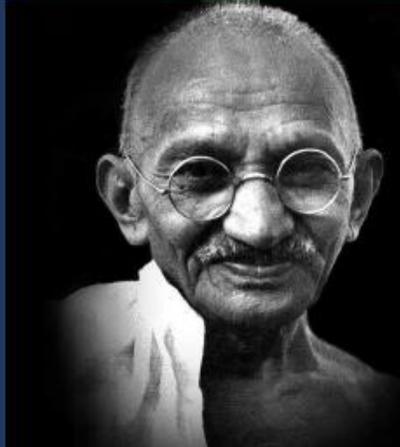
Nothing in life is to be feared, it is only to be understood. **Now is the time** to understand more, so that **we may fear less.**

- Marie Curie



YOU CAN TELL THE PEOPLE THAT IF THEY SUCCEED IN KILLING ME, THAT I FORGIVE AND BLESS THOSE WHO DO IT. HOPEFULLY, THEY WILL REALIZE THEY ARE WASTING THEIR TIME. A BISHOP WILL DIE, BUT THE CHURCH OF GOD, WHICH IS THE PEOPLE, WILL NEVER PERISH.

— OSCAR ROMERO —
AUG. 15, 1917 - MARCH 24, 1980



First they ignore you, then they laugh at you, then they fight you, then you win.

-Mahatma Gandhi

In the month of October, as we continue to focus on Mary, we should consider whether she too gave up hope.

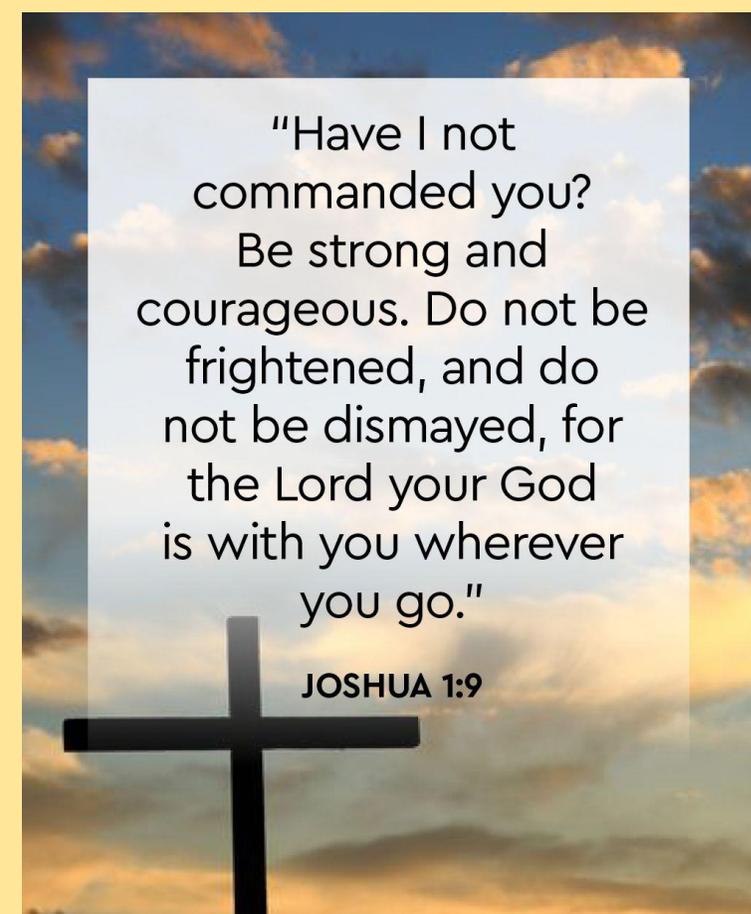
While she was sad to see Jesus's suffering, she alone knew what was in store for him.

How do we know this?

Amongst the other evidence, she knew, by her perfect faith, that Jesus would indeed rise from the dead on the third day – therefore she did not go with the other women to the tomb on Easter Sunday morning, she knew you would not seek the living among the dead.



As Jesus' mother Mary kept the faith and did not give up hope, she believed in the Resurrection.



"Have I not
commanded you?
Be strong and
courageous. Do not be
frightened, and do
not be dismayed, for
the Lord your God
is with you wherever
you go."

JOSHUA 1:9

REFLECTION

Can you think of something in life which is a challenge to you?

Think about Mary's faith in Jesus and the quote from Joshua 1:9.
Pray to God for the strength to carry on and to overcome the challenges you have in life.

During October - Please consider finding time to pray the rosary – you are WELCOME to come to the school chapel and be introduced to PRAYING THE ROSARY.



REMINDER

During the month of October, the school will offer you the opportunity at lunch time to pray the Rosary to Mary.

Catholics often use the rosary to ask Mary to intercede to God, to ask for God's help for the challenges in our lives.

Praying the rosary together as a group links to the theme of Community and Participation in Catholic Social Teaching. You can pray the Rosary with your friends and/or family.

(the person is not only sacred, but also social).

PRAYING THE ROSARY

Yrs 7, 8, 12 & 13 = Monday, lesson 5 lunch from 12.55pm

Yrs 9, 10, 11 = Wednesday, lesson 6 lunch from 1.25pm



Prayer for determination and courage

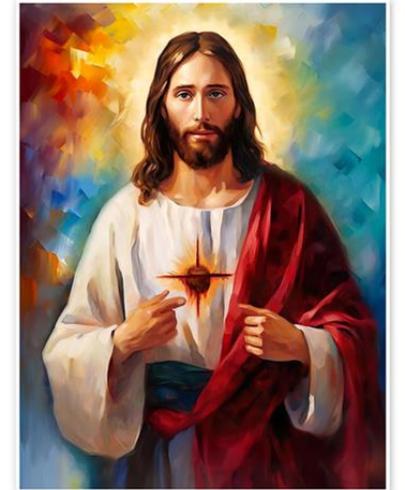
Dear Lord,

You infuse us with the inner strength we need.

By Your power, we are able to endure all things.

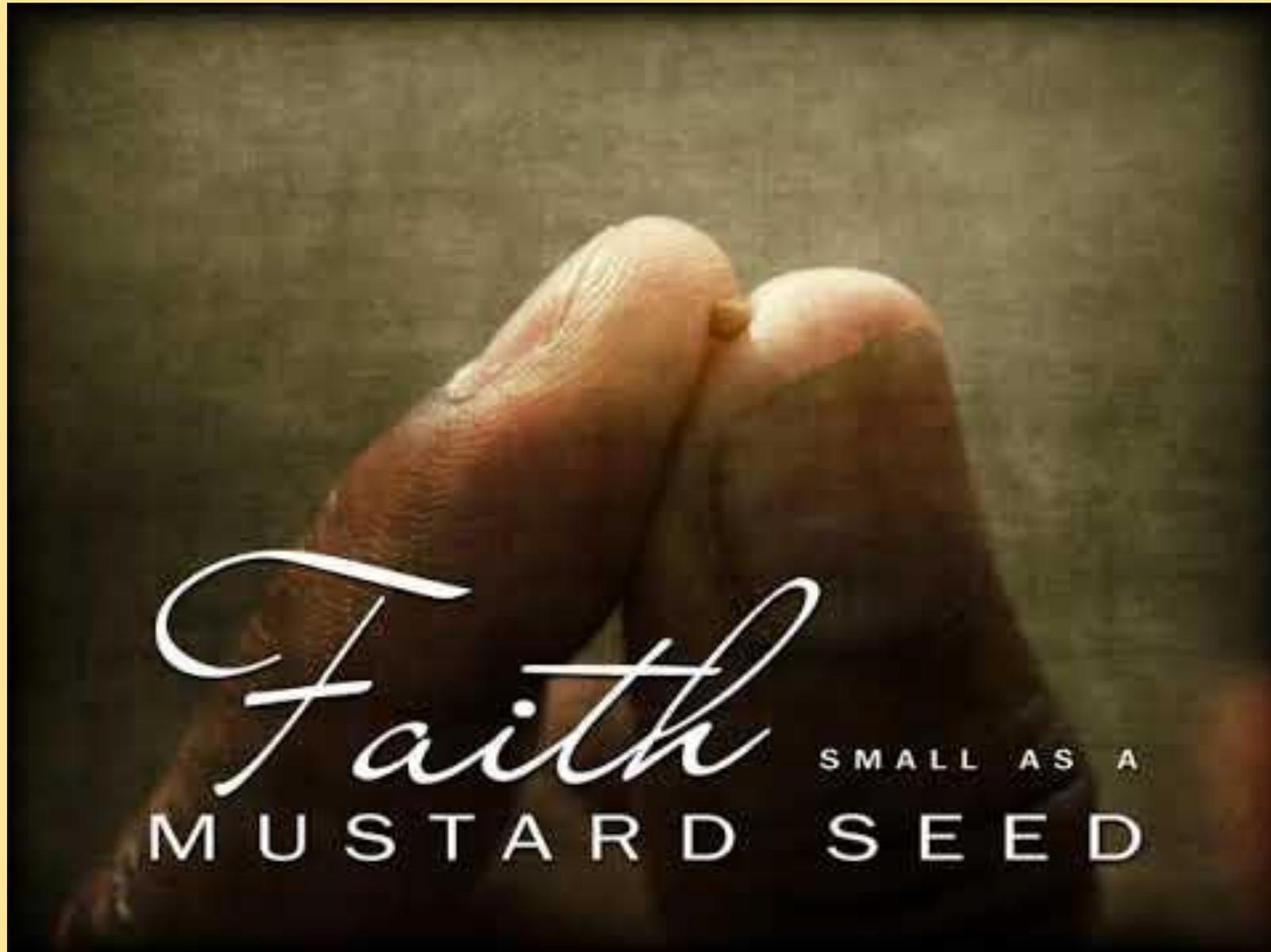
By trusting in Your Word, and by striving to live as you have commanded, we learn peace and contentment in every circumstance.

St John the Apostle and Evangelist, pray for us.
Amen.



inspirati a christo
which means Inspired by Christ

27th Sunday in Ordinary Time



THIS WEEK'S GOSPEL READING – 27th Sunday Ordinary Time

A reading from the Gospel according to Luke 17: 5-10

The apostles said to the Lord, “Increase our faith.”

The Lord replied, “If you have faith the size of a mustard seed, you would say to this mulberry tree, ‘Be uprooted and planted in the sea,’ and it would obey you.

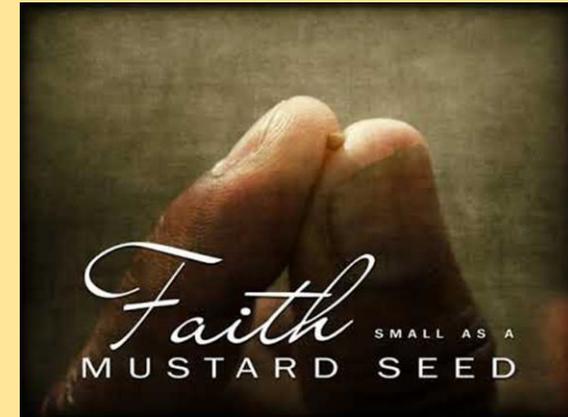
“Who among you would say to your servant who has just come in from ploughing or tending sheep in the field, ‘Come here immediately and take your place at table’?

Would he not rather say to him, ‘Prepare something for me to eat. Put on your apron and wait on me while I eat and drink. You may eat and drink when I am finished’? Is he grateful to that servant because he did what was commanded?

So should it be with you. When you have done all you have been commanded, say, ‘We are unprofitable servants; we have done what we were obliged to do.’”

Reader = the Gospel of the Lord.

RESPONSE = Praise to you Lord Jesus Christ.



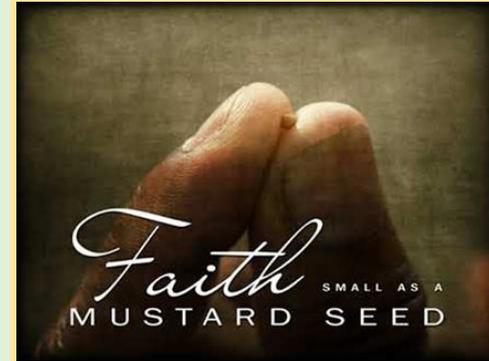
Explanation of this week's Gospel reading



In the gospel this week, there are TWO key messages relating to faith and service:

1. Power of Small Faith: Jesus mentions that faith as small as a mustard seed can do great things. It shows us that the size of our faith is less important than its true presence and action in our lives.

2. Duty and Service: The Gospel also compares faith to a servant doing his duty. It teaches us that following Jesus means serving without expecting rewards; our actions are part of our Christian duty.



REFLECTION TASK

The gospel reading this week reminds us that to serve God is not about getting rewards or recognition. It is about being faithful and doing what is right. True service comes from love and commitment, not from a desire for praise. Just like Jesus says in the Gospel, a servant does not expect thanks. Instead, they serve because it is their role. This helps us remember that faith and service go together.

Remember our school mission is: Be Inspired by Christ, Service to Others, and Excellence for All.

This week try to think about how you can provide Service to Others during the school day.

WORD OF THE WEEK

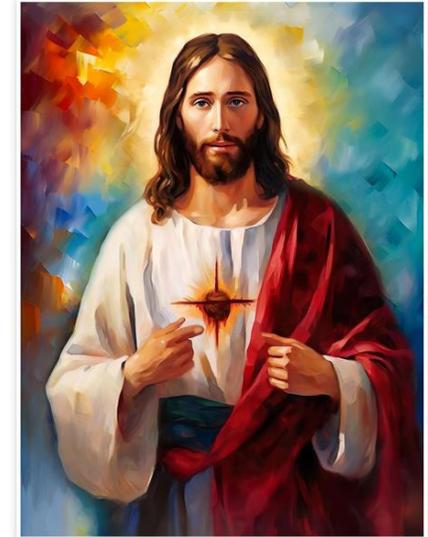
The apostles said to the Lord,
"Increase our faith!" - Luke 17:5



PRAYER – for our Faith and Service

Lord Jesus,
Increase our faith,
That even the smallest seed may grow strong in Your grace.
Teach us to serve without seeking reward,
To do our duty with joy,
Knowing we are Your unworthy servants.
May our hearts be humble,
Our hands ready,
And our trust in You unwavering. Amen.

St John the Apostle & Evangelist – pray for us. Amen.



**inspirati a christo
which means Inspired
by Christ**