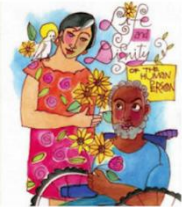





Catholic Social Teaching in PE

	KS3	KS4	KS5
<p>Life and Dignity of the Human Person</p> <p><i>All created in the image and likeness of God</i></p> 	<p>. ALL KEY STAGES The PE curriculum supports the value of human dignity by encouraging our students to be virtuous. This is shown through compassion and respect towards opponents or teammates. Students learn about the importance of forgiveness towards others and the value of sportsmanship.</p> <p>Football - Respecting everyone's level of ability and learning skills and tactics through positive communication with team mates.</p> <p>Netball – Valuing each player equally</p> <p>Fitness – Promoting physical health and mental wellbeing</p> <p>Climbing – Building confidence and resilience</p>	<p>GCSE PE – Health, Fitness & Wellbeing Promoting mental, emotional, and physical wellbeing as vital to personal dignity.</p> <p>BTEC Sport – Training for Personal Fitness Developing students' confidence and health through structured fitness planning.</p>	<p>A Level PE – Sport Psychology / Health and Fitness Recognising the importance of physical and emotional wellbeing for personal dignity.</p> <p>Sports Leaders – Planning for Personal Development Developing confidence and leadership through responsibility.</p>

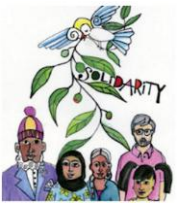


Catholic Social Teaching in PE

	KS3	KS4	KS5
<p>Call to family, community and participation</p> <p><i>Whatever is needed for each person to flourish</i></p> 	<p>All Key Stages Team sports and cooperative games foster community, collaboration, and shared responsibility.</p> <p>KS3 Climbing - Getting everyone involved in all roles/aspects. Encouraging those who are nervous of climbing to get involved</p> <p>Year 9 Fitness - Students are their own decisions on their fitness routines and components of fitness they target</p> <p>Rugby – Developing team identity and responsibility</p> <p>Rounders – Encouraging inclusive participation</p>	<p>Sports Leaders – Leading Sports Activities Students lead inclusive activities, contribute to school life, and serve the wider community.</p> <p>Duke of Edinburgh – Volunteering & Expeditions Encouraging students to participate in shared outdoor challenges and community service.</p>	<p>Sports Leaders – Delivering Community Events Students give back to the community by organising and leading sporting activities.</p> <p>BTEC Level 3 Sport – Working with Clients Building rapport and supporting others through sport and fitness instruction.</p>



Catholic Social Teaching in PE

	KS3	KS4	KS5
<p>Solidarity</p> <p><i>Not just doing things for other people but acting with them to build a more just world together</i></p> 	<p style="text-align: center;">ALL KEY STAGES</p> <p>Participation in team sports fosters an understanding of how interdependent members of a team are. Students learn to accept the roles of captain, vice-captain, team players, coaches and volunteers. Our Sports Leaders course encourages empathy by placing the students in the role of a coach or teacher. Furthermore, Sports Day and our inter-house sports events encourages a collective responsibility through participation in sport.</p> <p><u>Rugby/Girls football</u></p> <p>Working in harmony as teams in challenging situations Overcoming challenges with team mates to gain a feeling of unity and camaraderie</p> <p>Coaching (pair or group work) – students support each other in achieving / improving performance, making sure that everyone becomes the best they can be.</p>	<p>BTEC Sport – Team Sports & Practical Performance Building relationships and cooperation through team activities.</p> <p>Duke of Edinburgh – Group Expeditions Encouraging teamwork, shared goals, and unity in adversity.</p>	<p>BTEC Level 3 Sport – Team Dynamics / Working with Others Encouraging mutual support and teamwork across practical units.</p> <p>Sports Leaders – Supporting Peers & Younger Students Building inter-year connections and collaborative leadership.</p> <p>Working together to complete a task / exam question – listening to one another’s ideas.</p> <p>Peer assessing – giving feedback to one another to support / advise each other on what is good and how to improve in a positive manner</p> <p>Delivering content to the class – working together to produce notes that can subsequently be used by all students to support their learning</p>

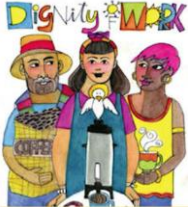


Catholic Social Teaching in PE

	<p>Umpiring – “keeping the peace” – ensuring games remain fair and everyone plays within the rules of the game.</p> <p>Team games – working as part of a team to ensure everyone contributes and has a role of play. Making sure everyone plays an equal part to make the team successful and work well.</p> <p>Leading a group – understanding the needs of others and motivating them to participate. Educating others by sharing knowledge and making others feel welcome and part of a group.</p> <p>Opportunities to attend extra-curricular activities, which vary in their origin, are open to everyone, and are delivered by a variety of staff members.</p> <p>Opportunities to participate in competitions at other venues exposes students to many different situations where student must respect the values of the school / activity centres, meet and work with other students from those venues and maintain sportsmanship throughout</p>		<p>History of Sport element of the A-Level specification educates students about varying cultures and differences and how sport create harmony in the world</p> <p>BTEC Sport Unit 4 – coaching / leading activities – students lead the younger students and carefully plan these activities to ensure that are suitable for the individual differences within the group. This also brings the year groups together as the students subsequently communicate in other areas of the school as they pass each other.</p>
--	--	--	---




Catholic Social Teaching in PE

	KS3	KS4	KS5
<p>The dignity of work and the rights of workers</p> <p><i>As far as possible, decisions should not be taken at the highest levels but by the people who are most affected</i></p> 	<p>ALL KEY STAGES Recognizing effort, perseverance, and achievement in physical tasks reflects the dignity of work.</p> <p>Rugby – Respecting officials and coaches as part of the game</p> <p>Football – Valuing everyone’s role, including support staff</p>	<p>GCSE PE – Professional Athletes & Careers in Sport Exploring the rights, roles, and working conditions of people employed in the sports sector.</p> <p>BTEC Sport – Careers in Sport & Active Leisure Investigating the value of fair contracts, athlete wellbeing, and worker dignity.</p>	<p>A Level PE – Sociocultural Issues / Ethics Debating access to sport, equal opportunities, gender equity, and doping.</p> <p>BTEC Sport – Legal and Ethical Issues in Sport Exploring safeguarding, conduct, and the responsibility of sports organisations.</p> <p>A Level PE – Careers in Sport / Commercialisation Recognising the value and fairness of pay, conditions, and professional respect.</p> <p>BTEC Sport – Careers in Sport and Active Leisure Addressing athlete wellbeing, safeguarding, and sustainable careers.</p>



Catholic Social Teaching in PE

	KS3	KS4	KS5
<p>Care for God's creation</p> <p><i>We are called to care for creation as stewards, not just as consumers</i></p> 	<p>ALL KEY STAGES</p> <p>Outdoor activities and environmental awareness in PE encourage stewardship and respect for nature.</p> <p>Orienteering - Engaging and looking after our school environment/facilities.</p> <p>Climbing - Correct and safe use of the climbing equipment – put away and stored safely for others to use.</p> <p>Core PE lessons - Standards, expectations and rules of the activity outlined so students know the boundaries for what is acceptable for the environment they are about to work in.</p> <p>Player of the lesson nominated and player of the tournament nominated for interhouse to reward good behaviour (fixtures too).</p> <p>GC logged, positive phone calls home, postcards sent home, students nominated for rewards trips (e.g. Wimbledon) to reward good behaviour.</p> <p>BC logged, phone calls home, meetings held for students demonstrating unacceptable behaviour.</p>	<p><u>Sports Leaders</u></p> <p>Leading by example as role models to others, particularly younger students, e.g. primary school students.</p> <p>Sanctioning poor behaviour when officiating games to hold people to account for their actions, e.g. time out.</p> <p><u>Duke of Edinburgh Award</u></p> <p>Respect for the environment and using designated footpaths instead of destroying the landscape.</p> <p>Taking home any litter to recycle it and not disposing of it in the environment.</p> <p><u>BTEC / GCSE lessons</u></p> <p>GC logged, positive phone calls home, postcards sent home, students nominated for rewards trips (e.g. Wimbledon) to reward good behaviour.</p> <p>BC logged, phone calls home, meetings held for students demonstrating unacceptable behaviour.</p> <p><u>Core PE lessons</u></p>	<p><u>Enrichment PE (Cascades Gym)</u></p> <p>Taking into consideration that other members of the public are sharing the same facility and therefore being respectful of them too.</p> <p><u>BTEC / A-level lessons</u></p> <p>Positive phone calls home, postcards sent home and students nominated for rewards trips (e.g. Wimbledon) to reward good behaviour.</p> <p>BTEC Level 3 Sport – Managing Sporting Events / Facilities</p> <p>Promoting sustainability through eco-friendly planning.</p> <p>A Level PE – Outdoor Adventure Activities (optional topics)</p> <p>Emphasising environmental responsibility in practical settings.</p> <p>Phone calls home and meetings held for students demonstrating unacceptable behaviour.</p>

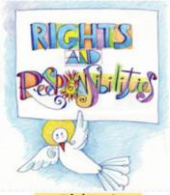


Catholic Social Teaching in PE

		<p>Standards, expectations and rules of the activity outlined so students know the boundaries for what is acceptable for the environment they are about to work in.</p> <p>Player of the lesson nominated and player of the tournament nominated for interhouse to reward good behaviour (fixtures too).</p> <p>GC logged, positive phone calls home, postcards sent home, students nominated for rewards trips (e.g. Wimbledon) to reward good behaviour.</p> <p>BC logged, phone calls home, meetings held for students demonstrating unacceptable behaviour.</p>	
--	--	---	--



Catholic Social Teaching in PE

	KS3	KS4	KS5
<p>Rights and responsibilities</p> <p>When one person has a right, others have a responsibility to uphold that right</p> 	<p>ALL KEY STAGES Fair play, inclusion, and respect for rules teach students about mutual responsibility and justice.</p> <p>Help everyone to grow and learn: Set expectations and lesson objectives at the beginning of each lesson to ensure all students have the opportunity to know what it is they will be learning and how they will go about it.</p> <p>Show ‘norm scores,’ for example in fitness lessons so students have a personal aim/goal to achieve</p> <p>Celebrate everyone’s achievements Individual praise within class. Use practical demonstrations from individual students to praise (anaesthetically pleasing).</p> <p>Inter-House competitions House Assembly reward certificates of achievements</p> <p>Supporting the less fortunate in our community Extra-Curricular activities – Laser Tag, Rowing, trampolining, climbing – many opportunities to get involved in many different sports catered for all abilities.</p>	<p>GCSE PE – Ethical Issues in Sport / Commercialisation Understanding rights of athletes, fans, and officials; discussing fairness, doping, and access.</p> <p>Duke of Edinburgh – Team Roles and Expectations Developing responsibility in leadership, navigation, and group success.</p> <p>As for KS3 plus KS4 Reward Evening – Sport Personal Achievement Awards</p>	<p>Help Everyone grow and learn As for KS3, in addition: Enrichment – recreational sport played for mental health and well-being. External Gym sessions offered</p> <p>As for KS3 plus KS5 Reward Evening Sport Personal achievement rewards</p> <p>Enrichment Attending Cascades Leisure Centre Self-defence classes</p>

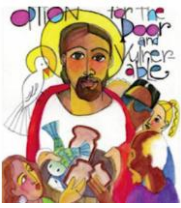


Catholic Social Teaching in PE

	<p>Assisting in Primary Schools PE events, e.g., Sports day, Netball fixtures Pair teaching/peer assessing (more able with less able)</p> <p>Loaning PE kit</p> <p>Help People to understand their importance and responsibility Leadership roles within class</p>	<p>As for KS3</p> <p>Help people understand their importance and responsibility Sports Leaders Level one and two Award</p>	
--	---	--	--



Catholic Social Teaching in PE

	KS3	KS4	KS5
<p>Option for the poor and the vulnerable</p> <p><i>To choose to consider the needs of the poorest and most vulnerable people first</i></p> 	<p>ALL KEY STAGES Ensuring all students, regardless of ability or background, can access and participate in PE.</p> <p>Fitness – Supporting students with lower fitness levels or confidence</p> <p>Rounders – Ensuring all pupils are included regardless of ability</p>	<p>The Duke Of Edinburgh Award Students complete a volunteering section where they decide how they will serve their community and wider world.</p> <p>Sports Leaders - Organising and leader sports sessions for younger/vulnerable peers, showing inclusion for all.</p> <p>Sports Leaders – Inclusive Coaching / Adapting Sessions Designing activities that support those with SEN, low confidence, or low ability.</p> <p>BTEC Sport – Practical Sports Performance Promoting equal access and supporting lower-skilled performers in teams.</p>	<p>The Duke Of Edinburgh Award Students complete a volunteering section where they decide how they will serve their community and wider world.</p> <p>Sports Leaders - Organising and leader sports sessions for younger/vulnerable peers, showing inclusion for all.z</p> <p>Sports Leaders – Inclusive Leadership Planning accessible sessions for all, including pupils with SEN or low self-esteem.</p> <p>BTEC Sport – Supporting Participation in Sport Investigating barriers to access and how to create inclusive environments.</p>