



SEND SUPPORT FOR POST 16

We understand it can be a stressful time transitioning into adult life as a young person with SEND. We have put together some helpful resources to make this easier.

Your Education Options

There are many education choices once you turn 16. If you're not too sure, speak to your teacher, careers advisor or a family member.

These options include -

- [Sixth Form or College](#)
- [Specialist college or training provider](#)
- [Home Education](#)
- [Adult Education](#)
- [Alternative social care setting](#)
- [University](#)



Your Employment Options

Once you are 16, you can get a job. A job means you can have greater independence, meet new people, learn new skills, earn money for days out, buy items you want and to pay your rent. Get advice on the following below -

- [Your job options](#)
- [Applying for a job](#)
- [Your workplace rights](#)
- [Applying for a job](#)
- [Your workplace rights](#)
- [Supported Employment](#)
- [Access to work scheme](#)



Help with adult life

As you grow older, you may want to live alone in your own home, by yourself or with others. This is called living independently. Discover what support there is below -

- [Becoming an adult](#)
- [Managing your money](#)
- [Benefits for over 16s](#)
- [Moving out](#)
- [Kent care leavers](#)

