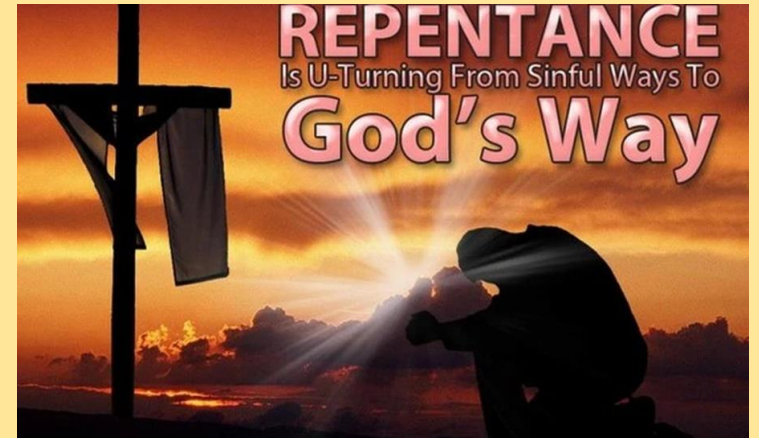


Prayer & Reflection



Week beginning: **Monday 2nd March**

Theme = Repentance

Catholic Social Teaching = Life and Dignity of the Human Person

Gospel = Second Sunday in Lent (Year A)

The Wednesday Word

The logo for 'Hallow' is centered on a purple square. The word 'Hallow' is written in white, with a blue circle above the letter 'o' and a horizontal line above the 'o' and 'w'.

You are invited to 10 minutes of prayer and reflection every Wednesday.

Join Jonathan Roumie (Jesus- The Chosen), Jeff Cavins, Mark Wahlberg, Chris Pratt and Gwen Stefani as we reflect on the Gospel on the day.

8am

12:40pm (First lunch)

1:30pm (Second lunch)

Venue- School Chapel.

“My fault” or “my bad” is a recognition that you did something **wrong**, but it doesn't show that you are genuinely sorry and regret what you did.

and finally, we must **REPAIR**. We must repair.

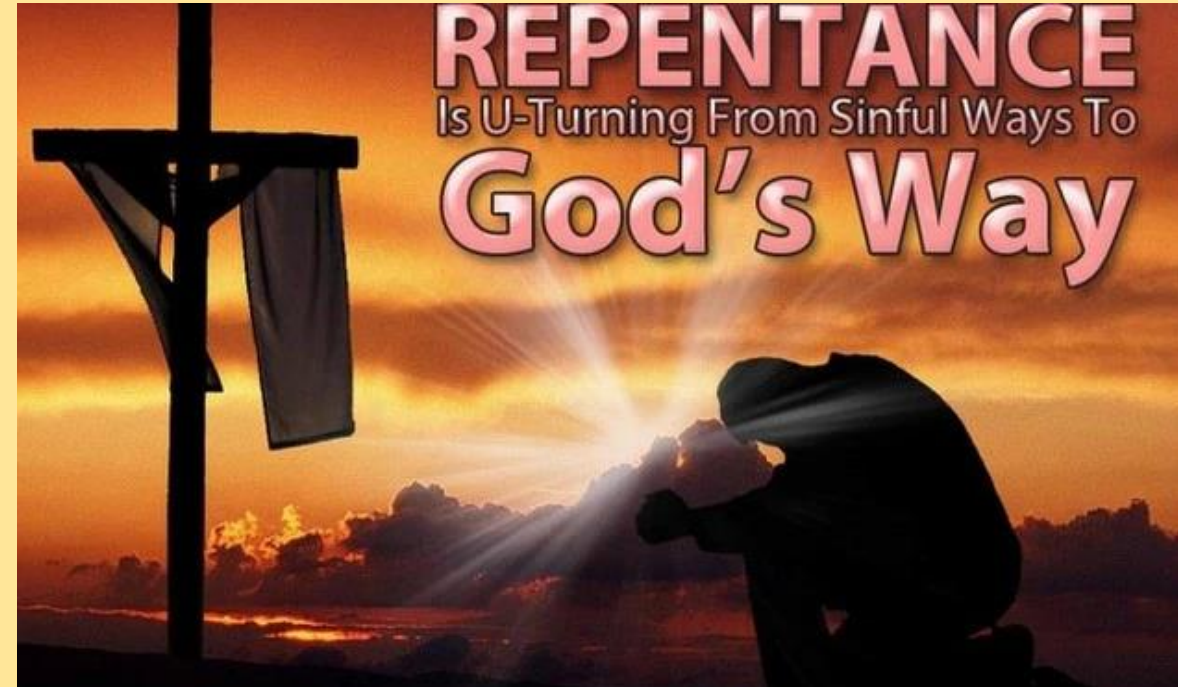
What is repentance?

On Ash Wednesday we were called and reminded to repent for our sins during Lent.

Repentance means a sincere turning away, in both the mind and heart, from yourself to God.

It involves a change of mind that leads to action—the radical turning away from a sinful lifestyle to God.

A person who is truly repentant recognises God the Father as the most important factor of his or her existence.



Repentance is a message found throughout the Bible. See the next slide for some examples.

Jesus came to save us from our sins

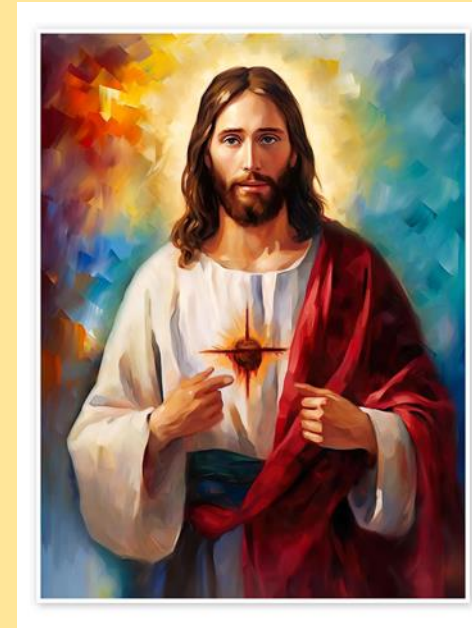
Repentance is a message found throughout the New Testament.

Jesus became man in order to save us from our sins.

There are clear messages in the New Testament – calling for us to REPENT.

Repentance is a key gospel value which leads us to Be Inspired by Christ.

See the next slide for some examples.



Repent And Turn Back
So That Your Sins
May Be Wiped Out,
Acts 3:19



**And saying, The time is
fulfilled, and the
kingdom of God is at
hand: repent ye, and
believe the gospel.
Mark 1:15**

JESUS said... I have not come
to call the righteous
but sinners to
repentance



Luke 5:32



Catholic Social Teaching & Repentance

While repentance is often **viewed** as a personal, spiritual turnaround from sin toward God, CST dictates that this transformation must bear fruit in how one relates to society, specifically regarding justice, peace, and care for the vulnerable.

Here are some ideas of how Catholic Social Teaching is linked to repentance:

- 1. Repentance as "Turning Around" to Others:** True repentance in the Catholic tradition is not just remorse, but a "radical reorientation of our whole life". CST frames this as turning away from selfishness (sin) and toward the **common good, social justice, and solidarity with the poor.**
- 2. The "Fruit" of Repentance:** Repentance requires tangible action to mend broken relationships, both with God and neighbour. CST principles—such as the **Option for the Poor and Vulnerable, and the Dignity of Work**—provide the roadmap for this repentance, directing believers to fix broken social structures rather than just offering personal apologies.
- 3. Social and Community Conversion:** Pope Francis was able to remind us that the season of repentance (Lent) is a time for conversion, which includes renewing faith and receiving the love of God, which in turn makes us recognise others as brothers and sisters in Christ. This compels a move from individualistic living to **communal solidarity.**



Reflection for Repentance

How can we live out the Gospel in our own lives?

Mission:

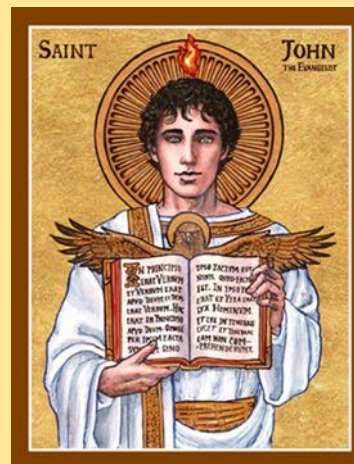
This week...try to spend a minute each night before you go to sleep to reflect on your day and to think of the times where you made the right choices and the wrong choices. Talk to God and tell him you're sorry!



Prayer for Repentance

Lord God, sometimes it is difficult to admit when we have done something wrong. Help us to see that repentance is about growing closer to You and not about saying we are not good enough.

Help us to trust in Your loving kindness and believe that you can forgive ALL things, if only we turn to you with repentance.



St John the Apostle & Evangelist, pray for us. AMEN.

**inspirati a christo
Go Forth Today and
Be Inspired by Christ**

Sunday Gospel = Second Sunday in Lent (Year A)

“

This is my beloved Son,
with whom I am well pleased;

listen to Him.

Matthew 17:1-9



THIS WEEK'S GOSPEL READING – SECOND Sunday Lent, YEAR A.

A reading from the Gospel according to Matthew 17:1-9

Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves. And he was transfigured before them; his face shone like the sun and his clothes became white as light.

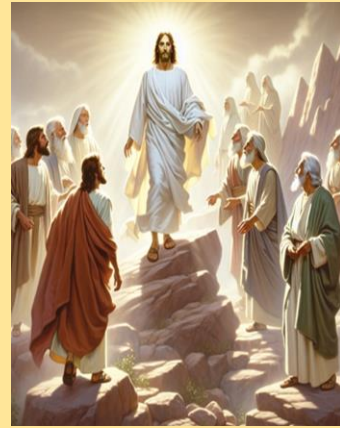
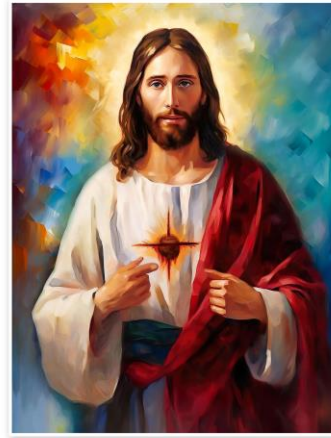
And behold, Moses and Elijah appeared to them, conversing with him. Then Peter said to Jesus in reply, “Lord, it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah.”

While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, “This is my beloved Son, with whom I am well pleased; listen to him.”

When the disciples heard this, they fell prostrate and were very much afraid. But Jesus came and touched them, saying, “Rise, and do not be afraid.”

And when the disciples raised their eyes, they saw no one else but Jesus alone.

As they were coming down from the mountain, Jesus charged them, “Do not tell the vision to anyone until the Son of Man has been raised from the dead.”



Reader = the Gospel of the Lord.

RESPONSE = Praise to you Lord Jesus Christ.

Explanation of this week's Gospel reading



In the gospel reading this week, there are TWO key messages:

Jesus Reveals His Glory: Jesus takes Peter, James, and John up the mountain and is transfigured before them. This moment shows that Jesus is more than a teacher—He is the Son of God.

Listen to Jesus: At the Transfiguration, God tells the disciples to listen to His Son. This reminds us to follow Jesus and trust what He teaches.

We need to listen to Jesus - even when we are confused or scared. Lent is a time to grow closer to Jesus. We can do this through prayer, listening, and spending quiet time with Him. The Transfiguration shows a glimpse of who Jesus is, and it gives us hope for what is to come.



REFLECTION TASK - At St John's our key school mission is to Be Inspired By Christ.

As a school community and family of faith: we encourage you to follow Jesus and live out the gospel values which are shown on the next slide.

Think about today and how you can live out these gospel values in your interactions with other students, teachers, family and friends.

By following the gospel values you will also follow our other mission statements of Excellence for All (being the best person you can be); and Service to Others (being kind and helping those in need).



INSPIRED BY CHRIST = live the Gospel Values

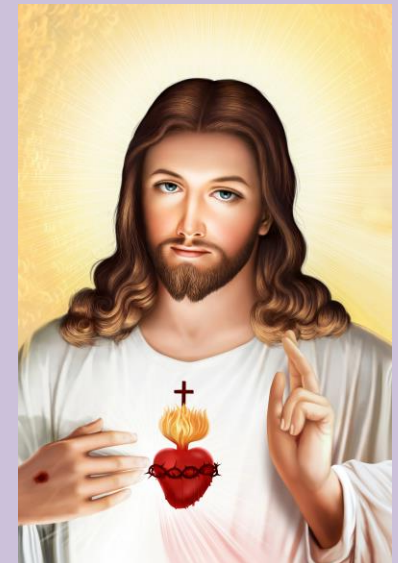
Love

Mutual
Respect

Tolerance

Kindness

Forgiveness



WORD OF THE WEEK

“

This is my beloved Son,
with whom I am well pleased;

listen to Him.

Matthew 17 : 1 - 9

St John's School Prayer

God our Father,
You have revealed to us, Your Word through St. John the beloved disciple.
We thank you LORD for our school community.
You have formed our diversity into one family that is Inspired by Christ.
At St. John's School, we seek to journey together,

Help us today to achieve our mission of Excellence and Service to Others.
We ask you LORD to increase our knowledge and understanding today.
May we become the people you have called us to be.
Keep us growing every day in kindness and in respect for one another.
We ask for your guidance so that we may do our best, and embrace all opportunities that you grant us today.

St. John the Apostle and Evangelist, Pray for us.
Amen

inspirati a christo
Go Forth Today and
Be Inspired by Christ

