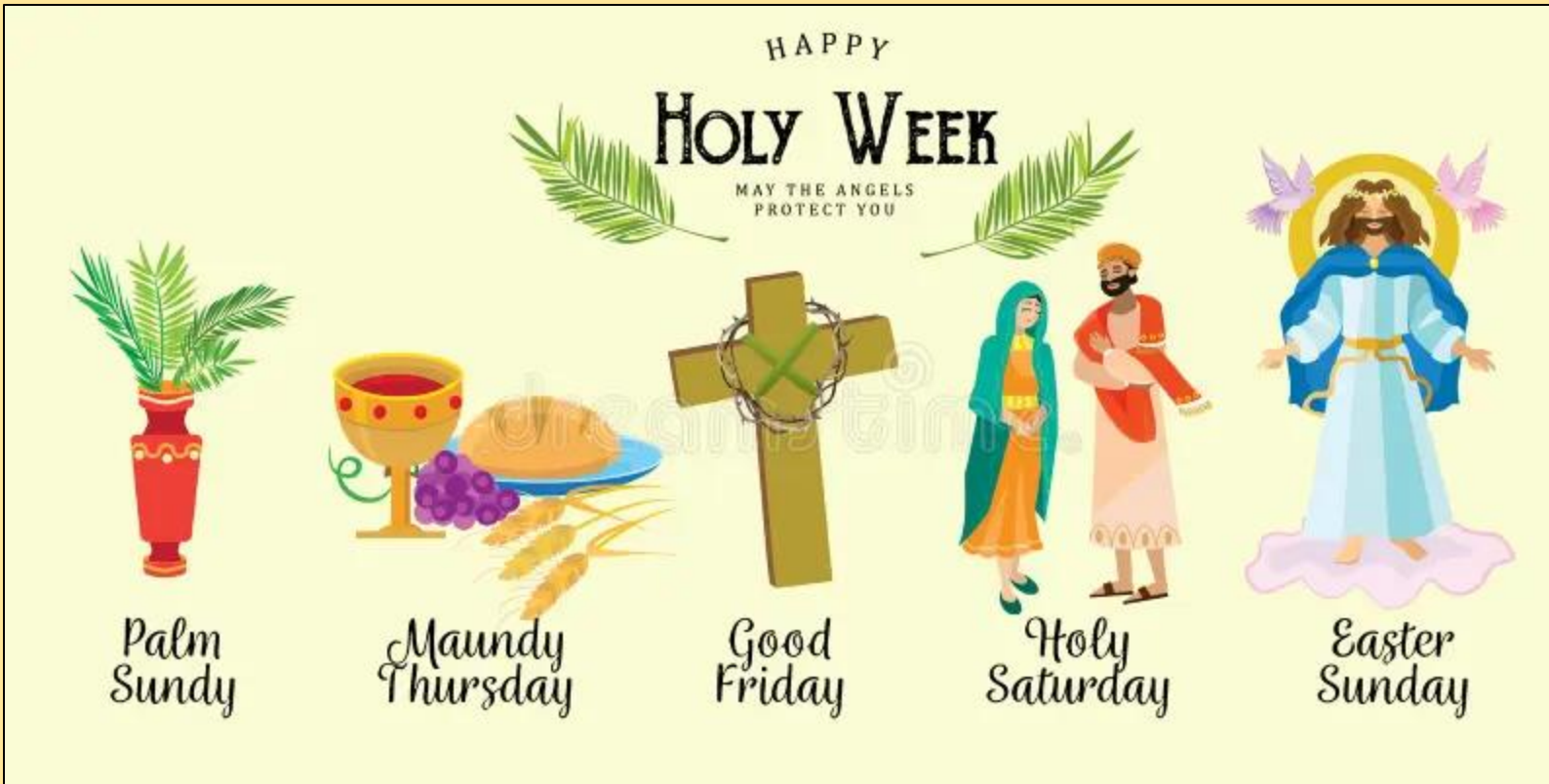


Prayer & Reflection



Week beginning: **Monday 30th March**

**Theme = HOLY WEEK – preparing for Easter
Sunday April 13th to Sunday April 20th**

Holy Week is the most important week in the Church Calendar. This year it takes place from Sunday 30th March which is Palm Sunday





Palm Sunday

This day marks the start of Holy Week.

It reminds us of the day Jesus rode into Jerusalem on a donkey, and the people waved palm leaves. They cried out "Hosanna" - a shout of praise and adoration.

In church people are given crosses made out of a palm leaf to remind them of this event at the start of Holy Week.

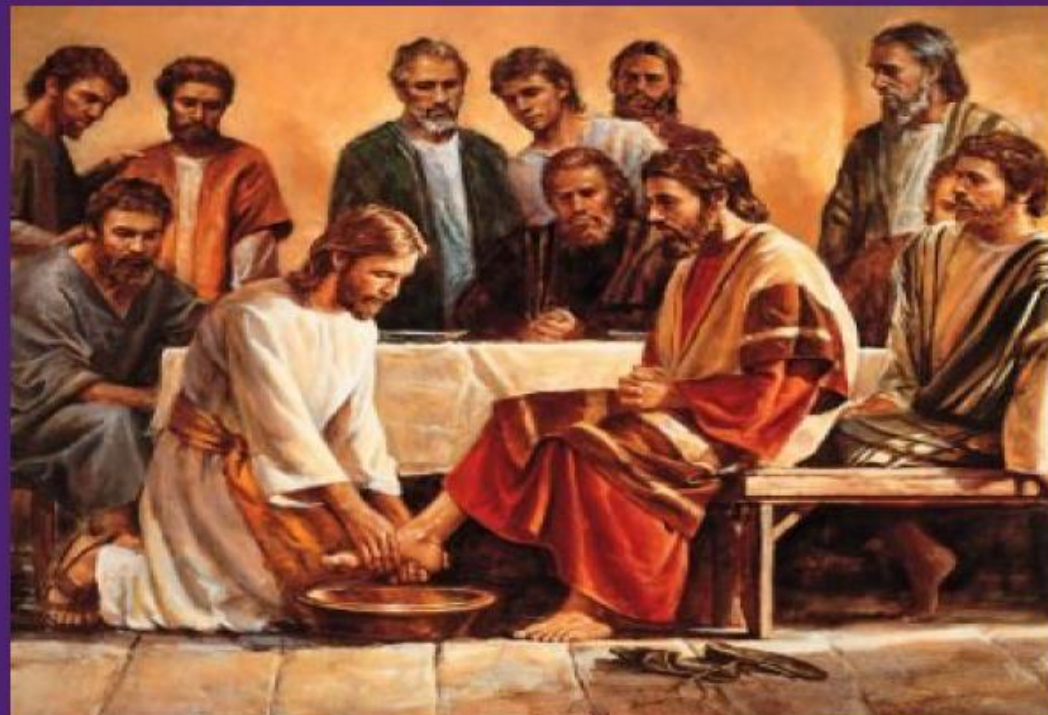
Maundy Thursday

Jesus hosted a special meal for his closest followers, the disciples. This event is known as The Last Supper.

At the start of the meal he washed their feet – the job of a servant.

At the meal, Jesus shared bread and wine with his disciples telling them that it was his body and blood.

Every time we go to Mass, the priest recreates the Last Supper.



On Maundy Thursday the priest will wash the feet of twelve parishioners, just as Jesus did.

Even Pope Leo will do this too.



Can you remember what was said between Jesus and the two criminals?

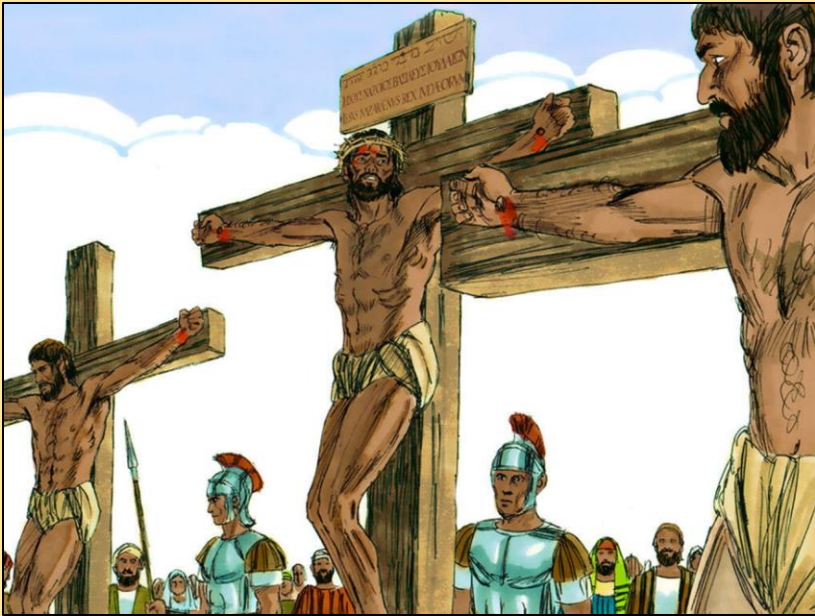
Good Friday

Good Friday is the saddest day in the Church calendar. It reminds us of the passion and death of Jesus.

Jesus had been arrested after the Last Supper, and was put on trial.

He was mocked and abused. He was sentenced to death, and made to carry his own cross to the place of execution.

He died on the cross with two criminals either side of him.



The Two Criminals:

The Impenitent Thief: This criminal mocked Jesus, asking him to save himself and them, implying he was not the Messiah.

The Penitent Thief: This criminal recognized Jesus's innocence and his own deserved punishment, asking Jesus to "remember him when you come into your kingdom".

Jesus's Response:

- Jesus, in a moment of profound compassion, promised the repentant thief that he would be with him in Paradise.

The Significance:

- The story of the two criminals highlights the themes of repentance, forgiveness, and the power of faith, even in the face of death.

Easter Sunday

Easter Sunday is all about the Resurrection of Jesus. It is because Jesus rose from the dead on this day, that Christians call Sunday, “The Day of the Lord”. This is the day of the week dedicated to going to Church to worship.

By his Resurrection, Jesus shows us that, while he was in human form on earth, he was really God.



Women went to the tomb, where Jesus had been laid on Good Friday, and found that it was empty – Jesus had indeed risen from the dead.

Prayer in honour of the Precious Wounds of Jesus

My Crucified Jesus

I adore the wounds in thy Sacred Head
With sorrow deep and true
May every thought of mine today
Be an act of love for you

I adore the wounds in thy Sacred Hands
With sorrow deep and true
May every work of my hands today
Be an act of love for you

I adore the wounds in thy Sacred Feet
With sorrow deep and true
May every step I take today
Be an act of love for you

I adore the wounds in thy Sacred Heart
With sorrow deep and true
May every beat of my heart today
Be an act of love for you
I thank you Lord, for so much love.



inspirati a christo
Go Forth Today and
Be Inspired by Christ

St John the Apostle & Evangelist, pray for us. Amen.