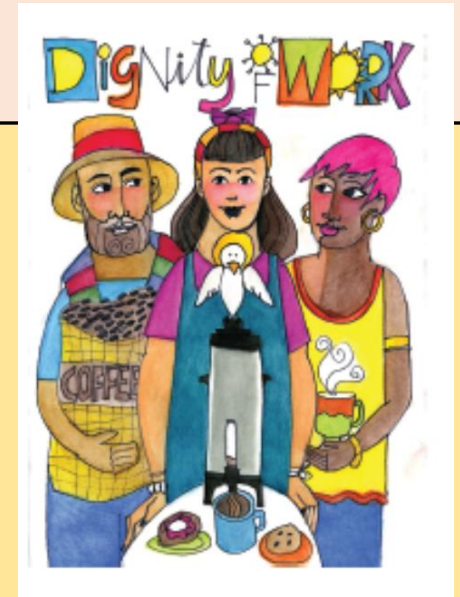


Prayer & Reflection



Week beginning: **Monday 2nd February**

**Theme = The Dignity of Work and Rights of Workers
(a part of Catholic Social Teaching)**

Gospel = Fourth Sunday Ordinary Time

The Wednesday Word

The logo for 'Hallow' is centered on a purple square. The word 'Hallow' is written in white, with a blue circle and a white halo above the letter 'o'.

You are invited to 10 minutes of prayer and reflection every Wednesday.

Join Jonathan Roumie (Jesus- The Chosen), Jeff Cavins, Mark Wahlberg, Chris Pratt and Gwen Stefani as we reflect on the Gospel on the day.

8am

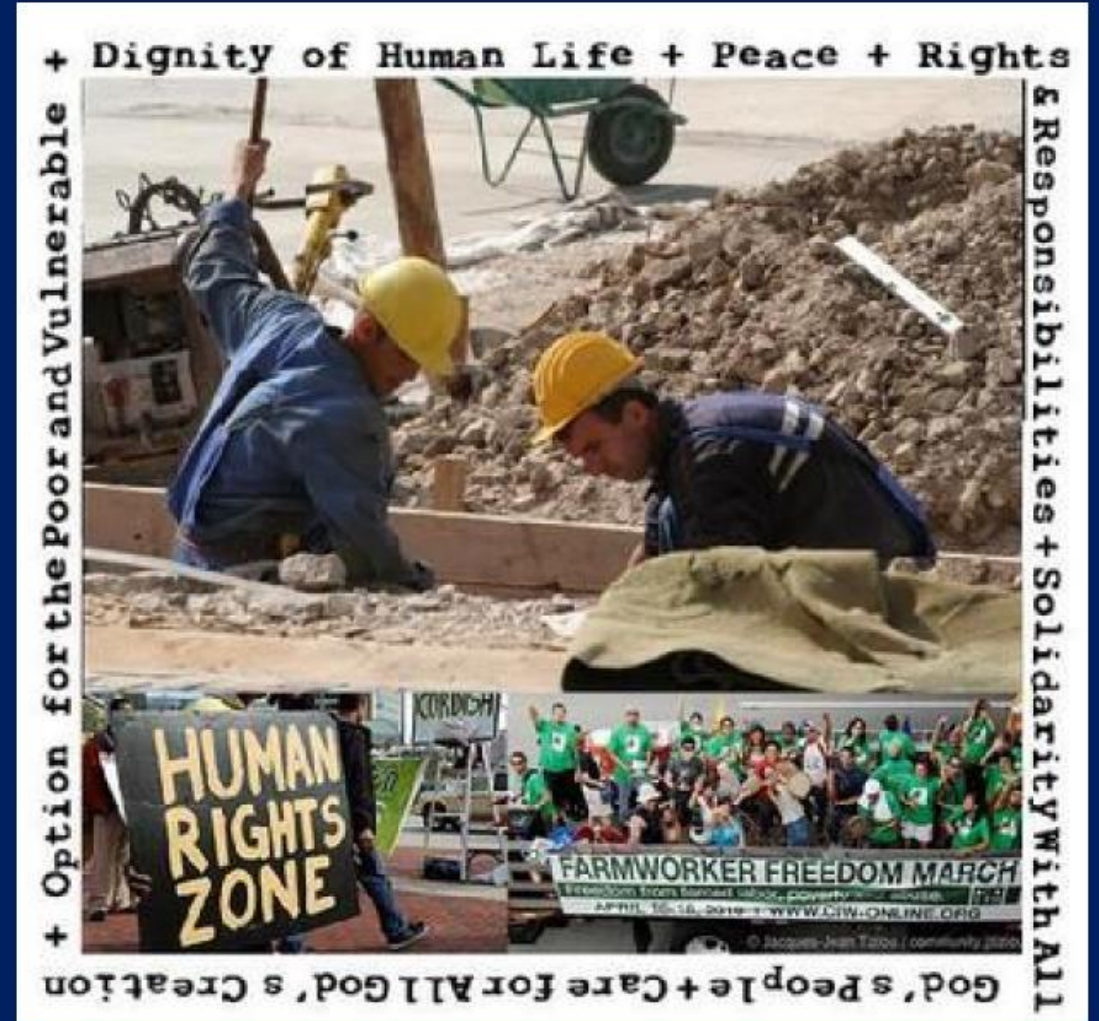
12:40pm (First lunch)

1:30pm (Second lunch)

Venue- School Chapel.

The Dignity of Work and the Rights of Workers is one of the principles of Catholic Social Teaching (CST).

In 1891, Pope Leo XIII issued Rerum Novarum (On Capital and Labour). He shone a light on the injustice and exploitation of workers by the rich during the Industrial Revolution. He advocated for workers to join forces and fight against inhuman conditions.



Since then, Church teaching has upheld the dignity of work and participation.

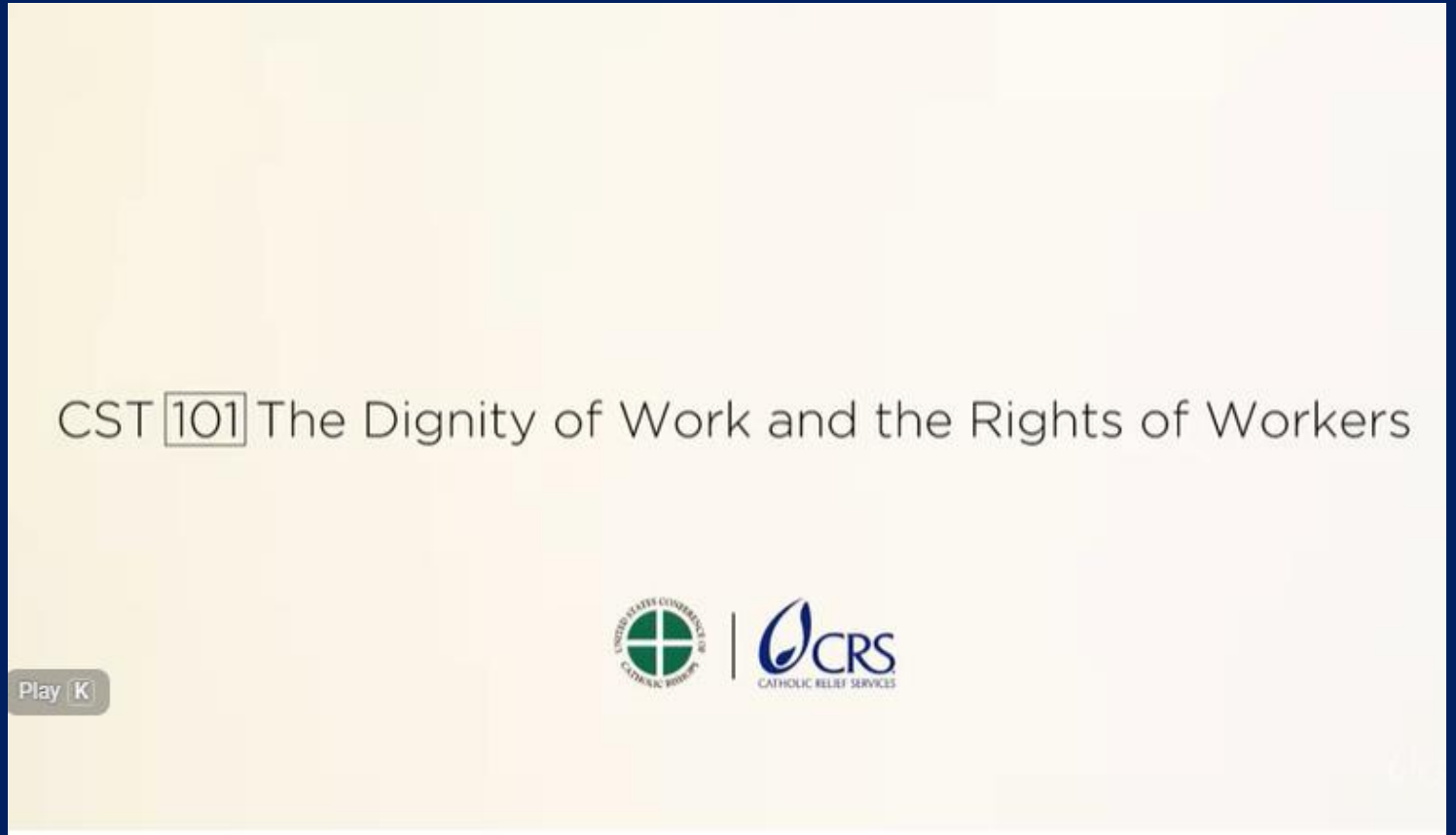
The human person should always come before the pursuit of profit. Workers have the right to join trade unions, to a just wage, to spend time with their families and to rest.

Work is an essential part of our human dignity and everyone has the right to participate.



Watch this short video

**It will help you
understand why we
should treat all workers
with dignity and
respect.**



[CLICK TO WATCH The Dignity of Work](#)

Dignity WORK



THE DIGNITY OF WORK AND THE RIGHTS OF WORKERS

The economy must serve people, not the other way around. Work is more than a way to make a living; it is a form of continuing participation in God's creation. If the dignity of work is to be protected, then the basic rights of workers must be respected—the right to productive work, to decent and fair wages, to the organization and joining of unions, to private property, and to economic initiative.

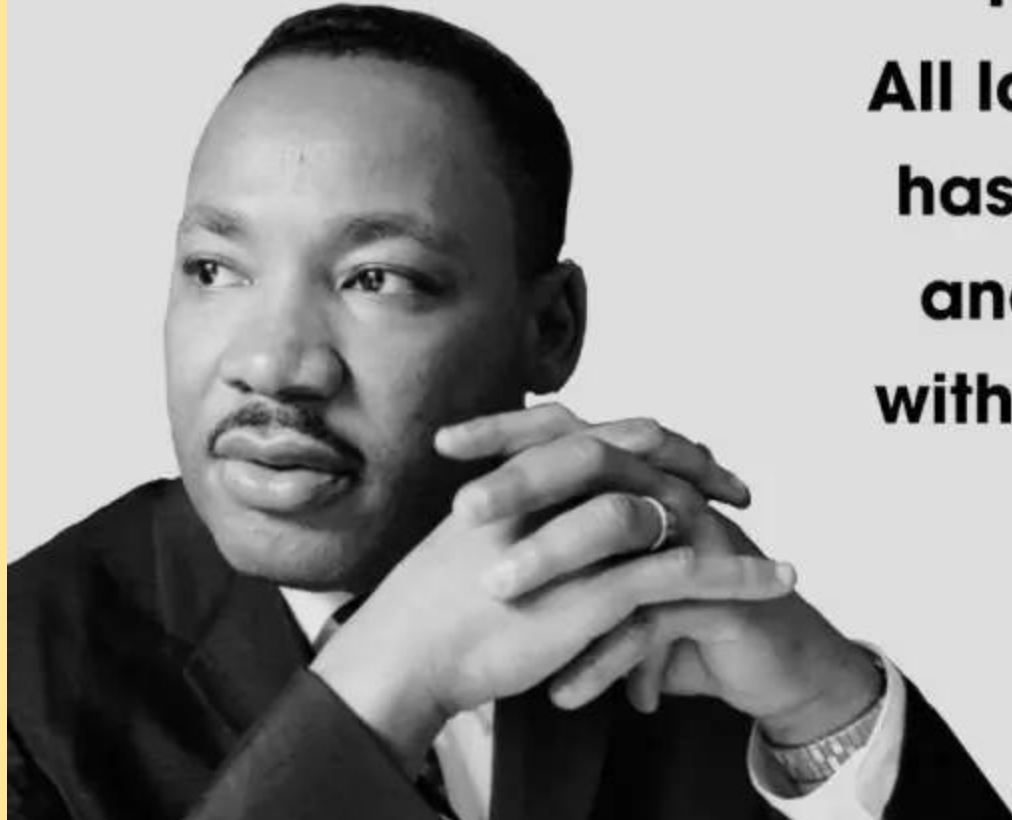


can be protected and a healthy community can be achieved only if human rights are protected and responsibilities are met. Therefore, every person has a fundamental right to life and a right to those things required for human decency. Corresponding to these rights are duties and responsibilities—to one another, to our families, and to the larger society.



Text for this poster is drawn from United States Conference of Catholic Bishops, *Sharing Catholic Social Teaching: Challenges and Directions*, © Copyright 2017, United States Conference of Catholic Bishops and Catholic Relief Services. All rights reserved. Photos courtesy of Brother Mickey McGrath, OSFS.

¹Paul VI, *For the Celebration of the Day of Peace* (Rome: January 1, 1972).



**“No work is insignificant.
All labor that uplifts humanity
has dignity and importance
and should be undertaken
with painstaking excellence”**

Martin Luther King Jr.

REFLECTION TASK

Do you agree with Martin Luther King that “No work is insignificant”?
Can you think of examples of work that ‘uplifts humanity’? OR do you agree that
all types of work uplifts humanity?



**PLEASE
PRAY
FOR ME**

Prayer

Lord of hope,
many people are left idle, without work and
without hope, through youth unemployment, ill
health, disability, redundancy or because they are
refugees.

May they be empowered by employment and
receive once more their dignity as sons and
daughters of God and so be able to provide for
their families and have hope for the future.

**St John the Apostle & Evangelist,
pray for us. Amen**



**inspirati a christo
Go Forth Today and
Be Inspired by Christ**

Sunday Gospel = Fourth Sunday Ordinary Time



THE BEATITUDES

Matthew 5:1-12

THIS WEEK'S GOSPEL READING – Fourth Sunday Ordinary

A reading from the Gospel according to Matthew 5:1-12a

When Jesus saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying:

“Blessed are the poor in spirit, for theirs is the Kingdom of heaven.

Blessed are they who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the land.

Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

Blessed are the merciful, for they will be shown mercy.

Blessed are the clean of heart, for they will see God.

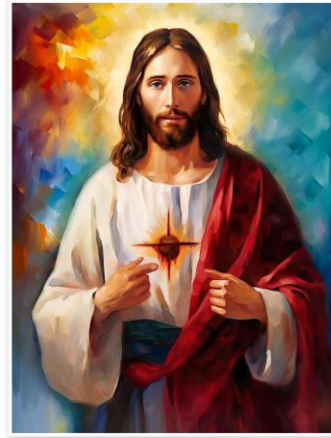
Blessed are the peacemakers, for they will be called children of God.

Blessed are they who are persecuted for the sake of righteousness, for theirs is the Kingdom of heaven.

Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me. Rejoice and be glad, for your reward will be great in heaven.”

Reader = the Gospel of the Lord.

RESPONSE = Praise to you Lord Jesus Christ.



THE BEATITUDES

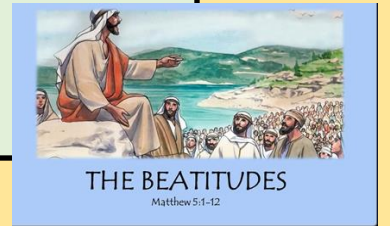
Matthew 5:1-12

Explanation of this week's Gospel reading



In the gospel this week, Jesus gives a sermon known as the Beatitudes, outlining who is blessed in the eyes of God. He says the poor in spirit, mourners, meek, those hungry for righteousness, merciful, pure-hearted, peacemakers, and persecuted are blessed. Each group is promised a specific reward, like inheriting the earth or seeing God.

Bishop Robert Barron in his sermon points out that two key Beatitudes, “Blessed are the merciful” and “Blessed are the peacemakers,” encapsulate the essence of divine qualities – being like God. God’s nature shows tender mercy and ‘agape’ (love). By following the teachings of the Beatitudes, and these divine qualities is the way to achieve happiness, as they align us with the characteristics of God.



REFLECTION TASK

Remember our school mission is: Be Inspired by Christ, Service to Others, and Excellence for All.

This week try to think about how you can follow the teachings of the Beatitudes, to show that you are Inspired by Christ.

Remember to Be Merciful in your daily actions; and to act as peacemaker when you come across arguments or conflicts among your family and/or friends.

WORD OF THE WEEK

**Blessed are the
merciful, for they will
be shown mercy.**

Matthew 5:7



*Blessed are the
peacemakers: for
they shall be called
the children of God
☞ Matthew 5:9*

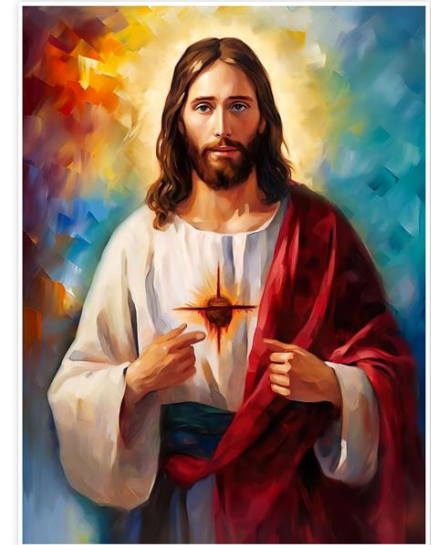
A grayscale photograph of a hand holding a Bible. The Bible is open, and the words 'HOLY BIBLE' and 'GUIDANCE' are visible on the left page. The text 'PLEASE PRAY FOR ME' is overlaid in large, bold, red capital letters across the center of the image.

**PLEASE
PRAY
FOR ME**

PRAYER – for mercy and peace

Lord Jesus,
You taught us that true blessing comes from a heart that seeks You.
Help us to be gentle in spirit, to be merciful,
Kind in word,
And strong in doing what is right.
When school feels hard, remind us that You are near.
When we feel left out, help us remember we belong to You.
Make us peacemakers in our classrooms,
And lights of hope in our friendships.
Bless us, Lord, and guide us each day,
That we may grow in love, wisdom, and faith.
Amen.

St John the Apostle & Evangelist – pray for us. Amen.



inspirati a christo
Go Forth Today and
Be Inspired by Christ