

The Smile Parent Support Group

Led by Jane Carey

Sessions will take place on Thursday mornings 9:30am to 12.30pm

Tuesday 12th October 2021
Thursday 11th November 2021
Thursday 13th January 2022

We welcome all parents/carers/family members of children or young people with ADHD, ASD, Asperger Syndrome or Social Communication Difficulties. You might still be awaiting a diagnosis or going through the process of a diagnosis for your child at this time; if so, this group is also for you.

It will be an opportunity to meet with other parents and gain further knowledge to support your child in a caring, nurturing environment; share and exchange ideas and strategies which work well for you. Parents will also be signposted to useful local services, activities and facilities.

These sessions offer a mixture of helpful presentations by experienced guest speakers (eg from the Kent Autistic Trust) focusing on topics of interest and real concern to parents as well as more informal, social sessions. All sessions aim to provide opportunities for discussing specific issues together.

What do parents/carers say?

'This group is very friendly and welcoming'

'It's great to meet other parents who understand & share the same struggles'

'I feel so isolated as I'm new to all this...'

'I've come away with some good ideas to try'

To book a place, please telephone 01474 536924 and request a booking form. On booking, an email and contact telephone number must be given. Booking forms are also available on the Ifield website www.ifieldschool.com

Sessions are free.

Refreshments will be provided